St George's Day fun

Music and merriment for our patron saint

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Down on the waterfront

Meet the volunteers who keep canal traffic flowing

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Places to go things to see

Find out what's on in the borough this month

SEE GET A LIFE INSIDE

ISSUE 1008 5 - 11 MAY 2014

WWW.TOWERHAMLETS.GOV.UK

TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Seven schools win national honours

BY IAN READ

SEVEN Tower Hamlets schools are to receive national recognition for their achievements in improving pupil performance.

Five secondary schools – Bishop Challoner Catholic Collegiate Girls' School, Bow School, Central Foundation Girls' School, Mulberry School for Girls and Sir John Cass's Foundation and Red Coat CoE Secondary School – will receive awards for being among England's top 20 per cent of secondaries for the progress in their students' results.

Two primary schools – Mowlem and Sir William Burrough – will receive awards for being among the top ten per cent of primaries for progress.

Two of the seven schools will receive a second award: Bishop Challoner in the Continuous Improvement category and Sir William Burrough for closing the gap for children who receive the pupil premium.

The awards are being presented by SSAT, the national schools' membership organisation.

Anne Canning, head of the council's learning and achievement service, said: "These awards are a testament to the tremendous hard work by staff, pupils and parents and the wonderful ambition within Tower Hamlets to constantly strive for greater success."

Nicholas Soar, head of Bishop Challoner Girls' School in Stepney, said: "The hard graft continues and our targets are challenging, but it is an honour to receive this recognition."

Julia Burns, head teacher at Mowlem Primary School, Bethnal Green, said: "We believe this award is a reflection of all the hard work that goes on in our school community."

Avril Newman, head teacher at Sir William Burrough Primary in Poplar, added: "Everybody in Tower Hamlets is doing brilliantly and we are just part of that family of schools and are delighted to be making a contribution to it."

PEAK PERFORMANCE

MORE than a dozen residents have returned from a trek to the top of Mount Snowdon in Wales. The group from religious studies centre Jamiatul Ummah in Bigland Street, Shadwell, were raising money for cataract operations in developing nations. The trip was co-ordinated by disaster response charity Human Relief Foundation.

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Cancer fundraiser

Late on Saturday, May 10 thousands of people wearing decorated bras do the Moon Walk through London's streets.

WWW.WALKTHE WALK.ORG

Connecting women

Residents are invited to the launch of a book featuring the work of more than 60 local women, exploring identity and culture in east London through photography and storytelling.

SEE BELOW

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
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East End Life is published by Tower Hamlets Council with a print run of 99,000 copies delivered to homes, organisations and businesses in the borough every week.

abc

The official independently audited door-to-door delivery is 83,428 Audit Bureau of Circulation (ABC Regional) July-December 2012.

East End Life was the first weekly newspaper produced by a local authority in the UK with a net cost of 4.6p per copy per week to produce. Paid-for advertisements are carried to keep costs to a minimum.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

East End Life is printed on recycled paper – when you have finished with the newspaper, please recycle it.

soundtalking

East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email mariette@soundtalking.co.uk

Printed by Trinity Mirror.

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If you know someone who does not receive *East End Life* call 7364 0474 or email abdul.miah@towerhamlets.gov.uk

Women's self esteem course

LONELY, depressed or anxious women or those who want to increase their self-esteem and confidence are invited to enrol on a self-empowerment course which starts this week.

The Way of Wellness course will start with a taster session at the Stifford Centre, 2-6 Cressy Place, Stepney Green on Thursday, May 8. Pre-enrolment is necessary and free spaces are available for Ocean Estate residents.

For more details, contact Selma Piro on 07763 561126 or email **StepneyShare@gmail.com**

TWO Bethnal Green residents are gearing up to take part in a 26-mile power walk around London to raise money for breast cancer research. Flatmates Hannah Crawford and Thea Westmoreland (left), both 27, have signed up for the Moonwalk, which starts in Clapham at midnight on Saturday, May 10.
"We wanted to take up a challenge, raise awareness and do something for a good cause," said Hannah.
To support Hannah and Thea, visit https://moonwalklondon2014.everydayhero.com/uk/breast-foot-forward-3

Discover tales of east London foxes and tigers

BY JESSICA ODUBAYO

MORE than 60 local women are co-authors of a new book that explores identity, culture and bravery through photography and storytelling.

The Fox & the Tiger: Tales from East London is the culmination of a six-month arts project that brought two women's groups from Tower Hamlets together for the first time.

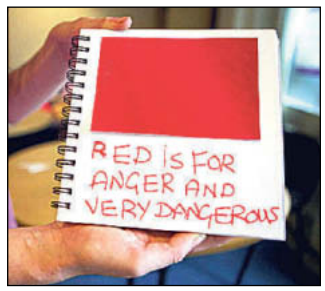
Local social enterprise deep:black ran weekly creative sessions with the two groups from the Jagonari Women's Centre in Whitechapel.

One group consisted of women who have been affected by the criminal justice system, while the other was a group of Bangladeshi women recently arrived in the UK.

The project included a two-week exhibition of the women's stories and photos last December.

Katharine Yates, director of deep:black, said: "At the beginning of the project most of the women hadn't even been to an art gallery and now they have been part of a fantastic exhibition and have contributed to a beautiful book."

The book shows how photography and storytelling can be used to connect women from different parts of the community. One of the women said: "I really loved this project, it made me feel happy and gave me the opportunity to express myself."



(Left) A creative session
(Above) Some artwork

■ Residents are invited to the book launch at Rich Mix arts centre, 35-47 Bethnal Green Road, E1 on Sunday, May 11 at 3pm.

It is free and open to all and will be a chance to hear more about the project, celebrate the women's achievements, meet those who took part and buy the book at a special launch price.

Inside this week's issue

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Know what to do in an emergency

A London Fire Brigade campaign called Know the Plan is aimed at improving the awareness of fire safety among residents of high-rise buildings.

WWW.KNOWTHEPLAN.CO.UK

30,000 and counting

Gardeners' Question Time has answered well over 30,000 questions since its inception in 1947.

SEE BELOW

News

Crime down by 6.9%, but some offences on the rise

BY STAFF REPORTER

CRIME levels in Tower Hamlets have fallen in the past year, according to latest figures from the Metropolitan Police Service.

The number of offences is down by more than 2,000 incidents – a 6.9 per cent reduction for the year 2013/14 compared to 2012/13.

There has been a reduction in the number of robberies, which fell by 190 incidents when compared to last year, and the number of burglaries fell by 189 incidents.

In Tower Hamlets, the number of recorded rapes increased by 32 incidents in the past 12 months and reports of domestic crime went up by 281 incidents.

Violent incidents against individuals also increased by over 500 cases – up from 6,115 last year to 6,636 this year.

There were increases in racist and religious crimes, up 56 incidents from 372 to 478, and in homophobic crimes – up from 57 to 68.

The latest crime figures for the borough coincide with a fall in crime across London.

A series of measures to cut crime have been rolled out across London, including regular operations targeting specific crimes, ranging from mobile phone theft to burglary.

The Met said it has worked very hard with communities and partners to increase reporting and said the figures suggested that more victims have confidence to report serious offences to the police.

Speaking about the London-wide figures, Assistant Commissioner Simon Byrne said: "Crime is down by 6.2 per cent, with burglary at its lowest in 40 years and robbery at its lowest in 15 years.

"We've also had some excellent results in tackling gangs, weapon-related crime and youth violence."

He added: "We are moving in the right direction, but there's still a great deal of work to do to cut crime further.

"I hope the people of London will be reassured by these successes and our commitment to making our city a safe and great place to be."

MEMBERS of 2nd Bow Brownies held a sleepover to celebrate 100 years of Brownie Guides.
The youngsters took part in activities including a talent show, making necklaces and origami, a torch-lit treasure hunt and a birthday tea.
They slept in tents in the hall where they hold their regular meetings.
Bow Brownies hold weekly meetings on Tuesday evenings during term-time for girls aged 7-10. They currently have spaces for new members – email bowbrownies@hotmail.co.uk for more information.

News in brief

Gardening Q & A

A PANEL of horticultural experts will be in Bethnal Green this month to record BBC Radio 4's Gardeners' Question Time.

Oxford House community centre in Derbyshire Street is hosting the programme on Sunday, May 18 as part of its Chelsea Fringe Festival 2014.

The recording will start at 2pm.

Book a place at **www.wegottickets.com/event/271115**

Chants concert

AUDIENCES will be given a rare opportunity to hear second century chants at a performance on Saturday, May 10.

Coptic Egyptian and German singer Merit Ariane Stephanos and Father Shafiq Abouzayd will introduce the audience to the music, in particular to the chanting traditions of the Levantine and Byzantine churches.

Starting at 7.30pm, it will be held at St Ethelburga's Centre for Reconciliation and Peace, 78 Bishopsgate, Spitalfields.

Tickets, priced £12, are available at **www.wegottickets.com/event/268806**

Noise patrols

THE council's pollution team will be providing an out-of-hours noise patrol service on all bank holidays this summer: Mondays, May 5 & 26 and August 25.

The service will operate between 8pm and 3.30am – call 7364 7070 or 7364 5007.

Dog revived after fire rescue

FIREFIGHTERS rescued a dog from a sixth-floor flat and revived it with oxygen.

Six engines and 35 firefighters attended the blaze in Tiller Road, on the Isle of Dogs, last Wednesday afternoon, April 30.

Station manager Steve Smith who was at the scene said: "I'm happy to say that after being given oxygen by us, the dog was delivered into the care of a local vet for a more thorough check-up."

But he added a warning to people living in flats: "While a lot of people evacuated from the building before the brigade arrived, this is not always the safest course of action.

"People living in high rises should remember that if there is a fire in your building but not in your flat, unless you are being affected by heat or smoke, you are usually safer staying put.

"By leaving the safety of your flat, you could unintentionally be putting yourself in the path of the fire, thick smoke or firefighters busy trying to get the blaze under control."

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A balance between want and need

Housing officers at Albert Jacob House (pictured) have to balance people's desire to live in a cheaper property or a home of their own, against the needs of those in dire circumstances.

SEE BELOW

In case you missed it

You can catch up with all three episodes of Channel 4 documentary How to Get a Council House at...

WWW.CHANNEL4.COM/PROGRAMMES/4OD

Documentary highlights battles on homes front

BY JACQUELINE HARTHILL

OVER the past three weeks, Channel 4 documentary How to Get a Council House provided an insight into the work of the council's Housing Options team.

The programme demonstrated the process of bidding for a social tenancy against other families and highlighted the despair of people as they strive to improve their situation.

Housing officers have to balance people's desire to live in a cheaper property and, for a working single person, the desire to live in their own home against those in dire need such as unemployed families facing eviction because of benefits cuts.

To be eligible for council housing, people have to have lived in the borough for three years. The amount of time spent on the waiting list and the level of need is part of the assessment.

The Housing Options team assesses and checks applicants, carrying out home visits to check whether people are being honest about their situation and undertaking investigative work to ensure that fraudulent claimants are rooted out.

Staff need to know about housing law, housing criteria and understand welfare reforms as well as requiring patience and empathy as they are often dealing with people who are in an emotional state.

The team also has to try to manage expectations, balancing the demands of those who believe that the council should provide and do everything for them against those who are in desperate need.

This can place an incredible strain on the officers who can be shouted and sworn at on a daily basis.

Brian Ayivor, a project officer in the welfare reform project team, said: "It is quite frustrating trying to help people who are adamant that the council's role is to give them what they want, when our role is to empower people to improve their own circumstances.

Colin Cormack, head of Housing Options

Brian Ayivor, welfare reform project officer

> "We deal with unfiltered emotional responses... you learn not to take it personally – eventually."
>
> Brian Ayivor

"Officers do 'go the extra mile' on a regular basis.

"When advising desperate people in difficult situations, we deal with a range of unfiltered emotional responses and you learn not to take it personally – eventually."

The documentary makers worked with the Housing Options team over a period of six months to identify case studies that could showcase the many areas the service deals with.

Brian, who appeared in episode one, said: "The clients who are shown on the documentary may not necessarily be the most typical of our clients.

"After all, allowing yourself to be interviewed and to have cameras filming in your home is not something that most people are willing to consider. Some of those who agreed to be filmed are generally more extrovert than the majority of clients.

"There was also fallout from another Channel 4 documentary, Benefit Street, where a wave of public revulsion at some of the participants' behaviour meant that many of our clients weren't interested in taking part in filming."

Colin Cormack, head of Housing Options, said: "I decided to participate in the documentary because I am proud of the excellent work my service delivers.

"We had our debut last year with the first series of How to Get a Council House, so we knew what it would involve".

Demand for council homes is growing – 1,200 people may be bidding for any one property, the programme revealed.

"It's a struggle that requires more and more resources, more and more innovations, more and more energy," said Colin. "How long we can continue to do that – I don't know."

East End Life

AS East End Life went to press on Friday, the council was waiting to hear if the government had accepted its representations about why it should be allowed to continue to publish weekly.

On April 16 the Communities Secretary, Eric Pickles, wrote to five London councils, including Tower Hamlets, notifying them of his intention to issue a direction to comply with the full provision of the Recommended Code of Practice on Local Authority Publicity 2011 by May 1.

While the code states councils cannot publish a newspaper more than quarterly, it also says they have a duty to provide cost-effective information to all residents on issues that affect them such as community safety and public health.

The code has remained unchanged since it was introduced in 2011 when the council sought legal advice on whether it could continue to publish East End Life to fulfil its other duties.

For example, councils have a duty to publish statutory notices on issues such as licensing and planning.

Based on the legal advice and an analysis of cost-effectiveness, Tower Hamlets decided the best use of resources was to continue to produce a weekly publication.

An independent ICM survey of residents commissioned by the council in March, found that 61 per cent read East End Life regularly – more than any other publication.

Patron saint

St George's Day celebrates the patron saint of England, although it is thought he was from Palestine.

Music, dancing and crafting

Attractions at the V&A Museum of Childhood included music by the Becontree Brass Band (left), the Blind Buffalo trio and the Sundial Singers, as well as country dancing and craft workshops.

SEE BELOW

Hundreds

The Sundial Singers entertained the crowds

Isabel, aged 7, is ready to take on any dragons

Punch and Judy proved very popular

Eight-year-old Parnia is loving the music

LOCK KEEPERS
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REBUILDING ITS **FUTURE**

CGI image by Allies and Morrison.

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BOW, LONDON E3

Rock-solid baking skills

Members of East End Women's Institute provided refreshments including delicious home-made rock cakes. The group meets once a month at St Margaret's House, Old Ford Road, E2.

HTTP://EASTENDWI.BLOGSPOT.CO.UK

Summer fun

To find out more about the range of free events taking place in the borough over the summer visit...

WWW.TOWERHAMLETS.GOV.UK/ARTS

join St George's Day celebrations

Fun and games for all ages at V&A Museum of Childhood and the Brady Arts Centre

BY SHALINA HUSSAIN

HUNDREDS of residents young and old enjoyed St George's Day festivities hosted by the council.

It joined forces with the V&A Museum of Childhood in Bethnal Green, to host a traditional day of merriment on April 26 to mark the national day.

The good weather boosted numbers at the museum in Cambridge Heath Road, which recreated old English past-times, including a Punch and Judy Show and folk dancing.

Attractions on offer included live music by the Blind Buffalo trio playing their fusion of swing, blues and skiffle, the Becontree Brass Band, Sundial Singers, country dancing and craft workshops.

Over at the Brady Arts Centre in Whitechapel, older residents had already enjoyed a traditional knees-up with a tea dance on April 23, St George's Day itself.

The free event featured live music from six-piece band The Sunshine Kings who played a mixture of hits from the 1930s and 1940s plus modern day tunes, finishing with a rousing rendition of Jerusalem.

To find out more about free events being held in the borough, visit **www.towerhamlets.gov.uk/arts**

Sarah, 5, and friends with their hand-made hats

Ayyub, 6, and Ibrahim, 2, with their aunt

The audience claps along

Enjoying the view from above

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TURN TO PAGES 16 & 17

When baby won't stop crying...

Coping with Crying is a parent education programme targeting all new or expectant parents. The programme provides tips, advice and a DVD about soothing a baby and managing stress.

SEE BELOW

Useful information

How to cope with crying

News from Public Health Tower Hamlets

PARENTS know how having a new-born baby can be both amazing and stressful; especially if they won't stop crying.

It might take a little while to get to know why your baby is crying or what can help soothe them.

At times it can be obvious to figure out what they want, but at other times, it can be hard to know what to do next if you've tried everything.

When babies cry, it is common for parents to feel frustrated, and in the worst cases they can lose their temper and harm their baby.

To prevent babies from harm due to frustration, the National Society for the Prevention of Cruelty to Children (NSPCC) aims to raise awareness and provide information through their new programme.

Coping with Crying is a parent education programme that is targeting all new or expectant parents, to provide them with a range of supportive tips, advice and a short DVD about soothing a baby and managing their own stress.

Professionals or trained volunteers will introduce the DVD and open up discussions afterwards to address any questions they may have. The programme will be promoted through community settings in Tower Hamlets later this month.

The information can also be helpful for health professionals, child minders and anyone who works with babies.

A few tips to try include:

Moving them gently

When your baby is upset or crying, try gently rocking them:

- in your arms
- in a baby sling or carrier
- in a buggy or pram.

Holding them in different positions

Babies constantly move inside the womb so slow and soothing movements can be very comforting. Every baby is different, so try holding them in various positions to see what your baby likes.

You could hold them:

- in your arms
- across your chest
- along one arm or rested on your shoulder.

You can also try going for a walk or a car drive, as the motion could soothe them to sleep. You could also try playing some relaxing music, speaking to them softly or singing gently.

Stay calm

If your baby's crying gets too much:

- step away for five or 10 minutes
- put your baby down in a safe place like a cot or a pram and go into another room
- sit for a few minutes with the radio or TV on to distract you. Have a cup of tea if it helps.

As long as your baby is safe, just focus on feeling calm. Only go back if your baby suddenly goes quiet.

You shouldn't leave your baby alone regularly, but sometimes it is more important to give yourself the chance to calm down.

If you feel like you've tried everything, and you still can't seem to soothe your baby, ask for help.

If you're struggling to cope, speak to your GP, midwife, health visitor, other parents, a family member or friend.

They may have other ideas you haven't tried. Comforting your baby is trial and error to see what works.

For more information and tips visit **www.copingwithcrying.org.uk**

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 (or 25 for those with additional needs) including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14.
fis@towerhamlets.gov.uk
7364 6495

Tower Hamlets Home Birth Support Group
Last Thurs of each month, 8pm. 31 Ridgdale Street, E3.
8981 1159

Parents Advice Centre (PAC)
Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-1pm.
7364 6489

LinkAge Plus
Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop- in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3
1-9 Birkbeck Street, E2.
7739 7720
www.account3.org.uk

Bangladesh Youth Movement
21-23 Henriques St, E1.
7488 1831/2

Bromley by Bow Centre
St Leonard's Street, E3.
8709 9737
www.bbbc.org.uk

Citizens Advice Bureau (CAB)
32 Greatorex Street, E1.
7247 1050
www.adviceguide.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House, 104 Roman Road, E2.
8980 4205
www.legaladvicecentre.org.uk

Limehouse Project
Cheadle Hall, Cheadle House, Copenhagen Place, E14.
7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)
Pott Street, E2.
7729 7985
www.praxis.org.uk

Tower Hamlets Law Centre
(specialist advice by appointment and evening legal advice sessions).
214 Whitechapel Road, E1.
7247 8998
www.thlc.co.uk

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

Issue no. **Page no.**

Debt advice

Toynbee Hall Advice Service
28 Commercial Street, E1.
7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice
530 Commercial Road, E1.
7702 8032
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

National Debt line
0808 808 4000
www.nationaldebtline.co.uk

Step Change Debt Charity
0800 138 111
www.stepchange.org

The clock is ticking

The last date to register to vote in this month's elections is midnight on Tuesday, May 6. Postal vote applications must reach the electoral registration officer by 5pm on May 7.

Register or go unheard

Make sure the views of young people are heard – get on the register so that you can use your right to vote.

WWW.CHANGETHINGSNOW.CO.UK

Young adults urged to vote

Deadline looming to join the electoral register in time to take part in May 22 elections

BY IAN READ

THE council is encouraging young voters to ensure their voices are heard at the elections on May 22.

Nationally, people aged 18 to 24 are less likely to vote than any other age group. In the 2010 general election, just 44 per cent of this age group voted. By contrast, 76 per cent of over-65s cast their vote.

Three elections are taking place in the borough on May 22 to elect: a mayor of Tower Hamlets, 45 ward councillors and eight members for the London region to the European Parliament.

But you cannot vote unless you are registered.

It is particularly important in Tower Hamlets that young voters take part in elections because the borough has such a young population: 61 per cent of people living here are 34 or under, compared to 44 per cent nationally.

People who want to vote at the elections must be included in the electoral register.

The council is reminding everyone that if their name is not on the register it may affect their credit rating, making it harder to open a bank account, buy a house or get a mobile phone contract.

If you haven't already registered to vote on May 22, then there is still time – the deadline is Tuesday, May 6.

In December a special event was held at which 16- and 17-year-olds were encouraged to register, heard about what councillors do and debate whether the voting age should be lowered to 16.

The council is also part of the Change Things Now campaign which aims to encourage more young people to take part in elections.

To register or for more information about the elections, visit **www.towerhamlets.gov.uk/vote** email **electoralservices@towerhamlets.gov.uk** or call electoral services on 7364 0872.

Africa returns to Spitalfields

THE sights and sounds of Africa return to Spitalfields this month, as part of a one-day market event.

Africa at Spitalfields, on Monday, May 26, will bring together producers of African-inspired goods and services from across the continent.

There will be stalls selling items including clothing, handmade crafts, interiors, carvings, books and African street food.

Visitors will be entertained by traditional hot-stepping African dancers, the beats of Djembe drummers, acoustic music, crafts and traditional story-telling.

There will be games and face painting for the kids.

Following on from the success of last year's launch, it now looks set to be an annual event.

Victoria Akagwu, one of the organisers, said: "This year promises to be even more dynamic with features which allow visitors to explore African culture without leaving the capital."

The market runs from 10am-4pm and entry is free.

For more details visit **facebook.com/africaatspitalfields** or call 07946 736292.

Shape up at city farm

AS part of a free health programme, residents can take part in sessions at Spitalfields City Farm and enjoy a slice of the countryside in the city.

The Tower Hamlets Activ8 programme teaches young people and their families how to eat more healthily, take part in exercise and activities, and become more confident in making healthy lifestyle choices.

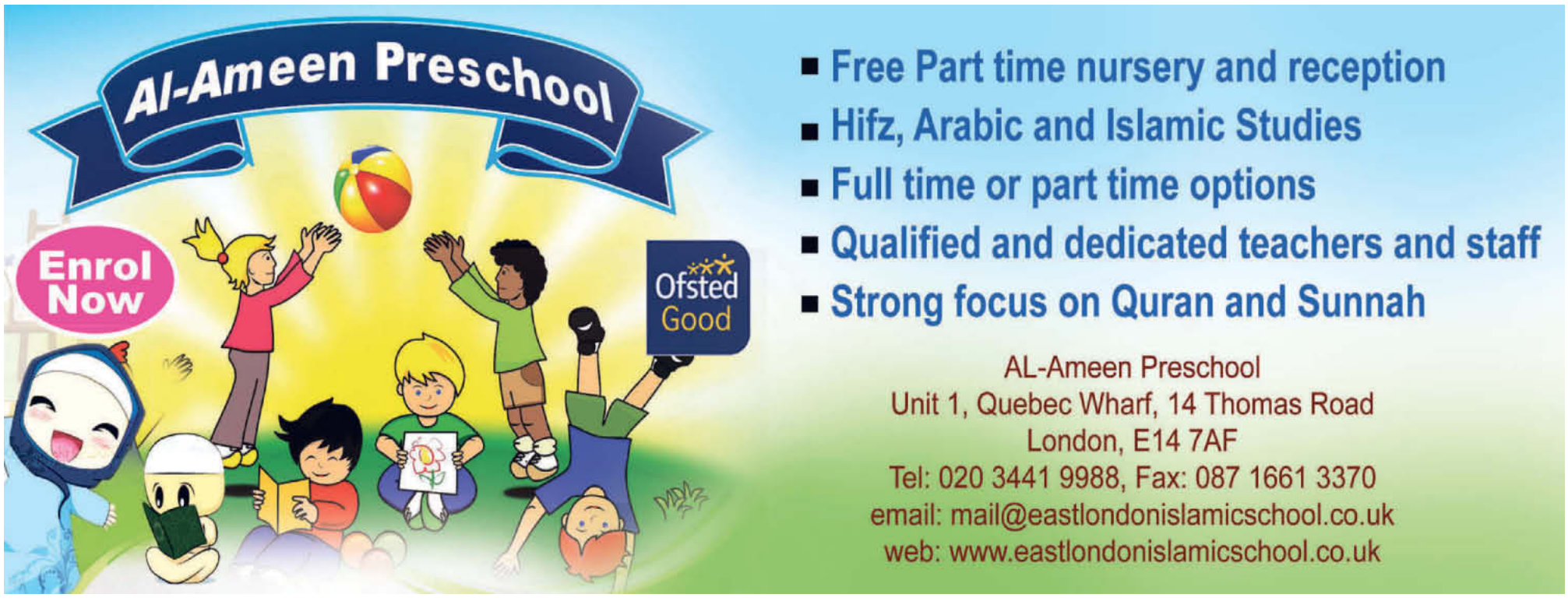
Weekly sessions are now being offered at the farm and include learning how fruit and vegetables grow.

Activ8 has been designed by NHS dietitians, physiotherapists and psychologists, and is delivered by a team of trained health specialists.

The weekly programmes run for ten weeks within schools, leisure centres and community centres for those aged five to 18 who are above a healthy weight.

The sessions run on Tuesday evenings from 4.30-6pm, alongside various other programmes throughout the summer months and beyond.

For more information and to book a place on the Activ8 programme, contact 8223 8485 or email **chsweight.management@bartsandthelondon.nhs.uk**



It's easy being green

More than 40 per cent of household waste can be easily recycled using pink sacks or purple bins.

SEE BELOW

Keeping kids safe on busy roads

The school crossing patrol service is now in its 60th year in Tower Hamlets, providing safe crossing to school children and their parents. It has grown from five officers in 2006 to 21 now.

7364 2221

Cleaner, safer, greener news

Pop it in the pink to be more green

BY SARAH MCLAUGHLIN

RECYCLING in Tower Hamlets is quick and easy. It's about making a simple choice between putting items in the rubbish bin or recycling them.

Instead of using black bins and chutes, recycling saves energy and conserves precious resources.

While local residents are recycling more than ever, work continues across the borough encouraging people to separate their waste and recycle even more in 2014.

A key part of this has been to work closely with estate caretakers to ensure they are equipped with the knowledge to help residents.

Fritz Kolhoff, Poplar Harca's estate service manager who leads on recycling, said: "Understanding what materials can go where has helped me to help Poplar Harca residents recycle. It is easy to recycle in Tower Hamlets and it is just a matter of deciding which bin to dispose of waste in."

The council's recycling service can collect plastic bottles, pot, tubs and trays, food and drink cartons, glass bottles and jars, mixed paper, food and drink cans, telephone directories, aerosols and mixed card.

Deliveries of the pink recycling sacks are made to households twice a year. Additional bags can be delivered on request or picked up from Idea Stores, libraries and One Stop Shops. If you think your housing office or caretakers can store pink sacks, email **recycling@towerhamlets.gov.uk**

To find out more about recycling, which materials can be recycled or how to get involved, visit **www.towerhamlets.gov.uk/recycling** or call 7364 5004.

SCHOOL crossing patrol officers will more visible to motorists and road users thanks to new uniforms issued last week. They are more reflective, with the specific aim of making the patrol officers, children and parents even safer on the school crossings.
Sue Russell, SCPO at Cyril Jackson Primary School, Isle of Dogs, said: "The new uniform looks great, we really stand out on the road now. It's more comfortable and more weatherproof, ensuring a smile on our faces whatever the weather."
For more information about crossing patrols call 7364 2221 or email donovan.thomas@towerhamlets.gov.uk

MONEYMATTERS

TOWER HAMLETS

Whether you've got a little or a lot, money affects every aspect of our lives.

Make sure you make the most of your money

GET ONLINE

Some of the best telephone, energy and insurance deals are only available online. Free internet access and help with using a computer is available at Tower Hamlets Idea Stores: www.ideastore.co.uk or at local UK online centres:www.ukonlinecentres.com

CLAIM WHAT YOU'RE ENTITLED TO

If you are employed but on a low income, you may qualify for benefits or tax credits. Make sure you're not missing out. Go to: www.entitledto.com. The Council's Benefits Service can also tell you what council tax and housing benefit you are entitled to. Go to www.towerhamlets.gov.uk/benefits or call 020 7364 5001

GET SKILLED UP

Developing your skills and work experience can open doors for you. Find out about training and employment opportunities at the council's Skillsmatch service, Job Centre Plus or any of the local advice and employment support agencies listed at www.towerhamlets.gov.uk/welfarereform.
Call Skillsmatch on 020 7364 3727

BUDGET AND SAVE

Prepare for life changes – like moving home, having a baby or retiring - by putting some savings aside. For help with savings and budgeting go to www.moneyadviceservice.org.uk or contact the money management support project at Toynbee Hall: 020 7392 2989

DEBT ADVICE

National Debtline
Go to www.nationaldebtline.co.uk or call call 0808 808 4000

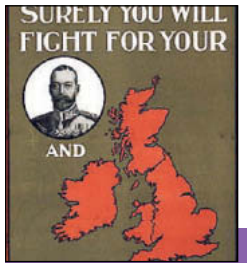
Step Change Debt Charity
Go to www.stepchange.org or call 0800 138 1111 (Freephone - including all mobiles)

Local Debt Advice Agencies

Island Advice Centre
Go to www.island-advice.org.uk or call 020 7987 9379

Toynbee Hall
Go to www.toynbeehall.org.uk or call 020 7392 2953

For more information on money matters: **www.moneyadviceservices.org.uk** or **www.fith.org.uk** for local services



Do you know the muffin man?

There were shortages – the manufacture of 'light pastries, muffins, crumpets and tea cakes' was banned. The muffin man, a fixture for a century or more, disappeared for good.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

BY JOHN RENNIE

How the Great War changed the East End for ever

From the Somme to Stepney streets

FROM the moment war was declared, at 11pm on Tuesday, August 4, 1914, London became a city dominated by war.

Nobody – man, woman or child – escaped. Nobody was truly a civilian. And by the time the Armistice was declared, four and a quarter years later, our city was changed forever. In a fascinating new book, London historian Jerry White argues that we are living with the changes a century later.

The reasons are surprising to modern readers, used to hearing that 21st century London has become a monstrous dominating force in Britain – too big, too rich, too crowded.

For Edwardian London dominated nation and empire far more than it did even 25 years later, when war would come again. Every British soldier on his way to active service moved through the city. Soldiers in their hundreds of thousands from the Empire and the USA, would move through here, seeing Britain for the first time.

And vast quantities of munitions were manufactured in London, making it not just a city dedicated to the war effort, but also a target for German Zeppelins.

The impact on the East End was profound and permanent, and not always in the expected ways. Germans of course were especially long-established in Whitechapel (and there were communities throughout London, with Charlotte Street being dubbed 'Charlottenstrasse').

A friendly neighbourliness would be shattered, with German stores being attacked and then shuttered across the East End, and many families tactfully Anglicising their names... many Schmidts became Smiths.

For the Jewish community in the East End, there were tough decisions too. The British Empire had entered the war on the side of Russia, and many East End Jews had fled (or their parents or grandparents had fled) from Russian pogroms.

Were these our allies? Harder still, the British Government was encouraging these East Enders, many born here, to be repatriated and go back to fight with the Russians... an unappealing offer.

Londoners were prepared for an aerial bombardment, and a blackout was quickly brought in, bringing a strange gloom to the electric-lit streets they had grown used to over the previous generation or two. Writer H Rider Haggard thought it "a curious place just now.

The lighting is only as bright as I remember it as a boy. When gas lamps were few and burned dully and electric light was unknown".

But they also feared a naval attack. Harking back to previous centuries when the Dutch fleet sailed up the Thames to rout the Royal Navy, there was a fear of German gunboats steaming upriver and shelling Wapping. East End clergy were told in confidence that they couldn't sign up for military service as they would be needed because "panic and rioting would ensue".

Perhaps war seemed closer than we imagine. On the streets of Whitechapel, Aldgate and Stepney, the booming of the big guns could be heard from the Somme.

But after an early excitement bordering on hysteria – HG Wells, down from his home in Essex, noted red, white and blue bunting everywhere, and a desperate clamour to sign up – the real consequences began to be felt. London would suffer an enormous loss of life and able men, of course, and that would be just part of a huge economic change.

Wars move people about, and the relatively small and settled Chinese communities of Limehouse Causeway and Pennyfields were now augmented by new arrivals, stoking a predictable anxiety.

"The invasion is becoming serious," wrote a Times journalist, while the TUC expressed alarm at the extent of "Chinese and Asiatic cheap labour".

A proposed boycott of Chinese labour was made embarrassingly difficult by the fact China had now entered Britain's side in the war. A black lodging-house and café district became established around Cable Street, and the dismissive description of young men "loafing and sponging" gives a flavour of how well that was received.

Men crowding to volunteer in August 1914

There were shortages, of course, and they throw a keen light on the class system. Breakfasting with a friend near Buckingham Palace, Cynthia Asquith found "poor Frances's cellar quite empty and no coal to be procured for love or money". The unfortunate Cynthia had to dine, shivering, in her fur coat.

And by 1917, potatoes had all but disappeared. Over in the East End, fish and chip shops ran out of spuds, and in Kingsland High Street, a horse-drawn van taking supplies to Cooke's eel and pie shop was mobbed by a crowd of housewives, who looted the contents. Some things would change forever. The manufacture of 'light pastries, muffins, crumpets and tea cakes' was banned, and the muffin man, a fixture on East End streets for a century or more, disappeared for good.

War could mean economic disaster for families just about making do. One Mile End widow, her two grown sons away at war, thus lost two wages, and had to put her younger child into the workhouse as a consequence.

But in many ways, war delivered a final kick to a rotting system of poor housing and social care for the lowest in society.

Local authorities would increasingly grant 'outdoor relief' (a little money, food and clothing) rather than taking the poor into the workhouse.

And as rents rose, with more people competing for each room (rent strikes were common throughout the East End), the Asquith government responded with uncharacteristic urgency, beginning a major building programme, which would eventually see huge numbers of East Enders moving out to the new suburbs of Barking, Dagenham, Becontree and Ilford.

An unexpected consequence was the end of the 'sweating' system in East End garment workshops. From labour being ten a penny, there was now a real shortage of workers, with more women working (many already had of course) and being able to demand greater wages.

The workshops were busier than ever, too, with every machine being pressed into making khaki for the troops. And the machinery changed, with new lighter irons and cutters coming in, suited for use by women machinists.

By November 1918, London was changed forever. The economic engine had shifted east to west, to the new industrial estates of Wembley and Acton. A new 'hub', London Airport, was just beginning. And many thousands of East Enders were beginning a new life in Essex.

You can hear Jerry White talking about Zeppelin Nights and exploring the life of the city in wartime at Queen Mary, University of London in Mile End Road on Thursday, May 8. The lecturer begins London At War, a series of walks, workshops, lectures and talks, exploring some of the unexpected dimensions of the city during the two world wars. This event is a fundraiser for the Raphael Samuel charity so visitors are asked for a donation on the night of £5-£10, which will include a glass of wine after the event. Reserve your place at jerrywhitelecture.eventbrite.co.uk and find out more about the London at War series atraphael-samuel.org.uk/london-war-hhall-series. The talk takes place at the university's The David Sizer Lecture Theatre in the Bancroft Building.

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944

নির্বাচনে ভোট দিতে তরুণ ভোটারদের প্রতি আহ্বান

আগামী ২২ মে অনুষ্ঠিতব্য নির্বাচনে বারার তরুণ ভোটাররা যাতে তাদের ভোটাধিকার প্রয়োগ করেন, সেজন্য তাদের উদ্বুদ্ধ করে যাচ্ছে টাওয়ার হ্যামলেটস্ কাউন্সিল। জাতীয়ভাবে, ১৮ থেকে ২৪ বছর বয়সীরা অন্য বয়সীদের তুলনায় কম সংখ্যক ভোট কেন্দ্রে যান। বিস্তারিত পড়ুন নীচে -

YOUNG VOTERS URGED TO TAKE PART IN MAY 22 ELECTIONS

Harmony

Murashaxiinta doorashada

Candidates for May elections – issue 1007

MARASHAXIIN tiradoodu dhan tahay tobaneeye, ayaa isku soo taagaya jagada meeyarnimada Tower Hamlets doorashada 22ka Meey.

Magaacaabitaanku murashaxnimada meeyanimada, kawnsularnimada iyo ta baarlamaanka Yuruba , waxaa la xidhay 24kii Abriil.

Tirada murashaxiintu wadar ahaan waxay tiradoodu dhan tahay 204 ayaa doorashadan isu soo taagaya iyaga oo ay 54 kawnsular isu soo taagayaan 20ka waadh ee cusub.

Todoba iyo toban xusbi ayaa isu diiwaangeliyey in ay danaynayaan xubnaha sideed gobo loo barlaamaanka Yurub ah.

Liiska musharaxiinta oo buuxa ka fiirso **www.towerhamlets.gov.uk**

■ Xilliga kama danbaysta ah ee soo xidhitaanka diiwaangelinta codbixintu waa 6da Meey. Weli waqti baad u haysata in aad is diiwaan geliso.

Sayladaha bacadlaynta ee Tower Hamlets

Join in market life for £10 – issue 107

KAWNSULKU wuxuu wacayaa in gedisleyda tijaabiyaan ololaha suuqa bacadlaynta ee sayladaad aamin ee bishan kuna kacaya £10 oo keliya, kaasi oo socon doona Meey 14-28.

Trevor Kennett, madaxa sayladaha ee kawnsulka, ayaa yidhi: "Haddaad dooneyso in aad abacdlayso amma fikrad ganacsi hayso oo aad dooneysid in aad tijaabiso in loo baahan yahay iyo in kale, fursadaadu waxay ku jirtaa in aad ololahan ka qaybgasho."

Sayladuhu waxay u adeegayaa gedisleyda soo hormarta ee deegaanka, mashruucan aamin saylada deegaankaaga, sida kuwan:

Jidka Bethnal Green, Suuqa Chrisp, Jidka Roman iyo Suuqa Watney laga bilaabo Isniinta ilaa Sabtida.

■ Jidka Roman – Talaadad, Khamiista & Sabtida

■ Petticoat Lane – Isniin ilaa Jimce iyo weliba Axda.

Wadiiqada Brick Lane, suuqa Cheshire iyo suuqa Sclater ee Axcda.

Kawnsulku wuxuu maamulaa toban sayladood oo bacadlayaal ah oo todobada maalmood ba shaqeeya, waxaanu raadinayaa bacadlayaal cusub oo jagooyin tira yar oo ka banaan loo hayo.

Dadka xiisaynaya mashruucan, waxaa jagooyinlagasiina karaa danayaxidhiidh **street makets@towerhamlets.gov.uk** amma wac 7364 1717/1707/1708. faahfaahin **www.towerhamlets.gov.uk/markettraders** or **www.loveyourlocalmarket.org.uk**

২২ মে নির্বাচনে ভোট দিতে তরুণ ভোটারদের প্রতি কাউন্সিলের আহ্বান

Young voters urged to take part in May elections – page 9

আগামী ২২ মে অনুষ্ঠিতব্য নির্বাচনে বারার তরুণ ভোটাররা যাতে তাদের ভোটাধিকার প্রয়োগ করেন, সেজন্য তাদের উদ্বুদ্ধ করে যাচ্ছে টাওয়ার হ্যামলেটস্ কাউন্সিল।

জাতীয়ভাবে, ১৮ থেকে ২৪ বছর বয়সীরা অন্য বয়সীদের তুলনায় কম সংখ্যক ভোট কেন্দ্রে যান। ২০১০ সালের জেনারেল ইলেকশনে এই বয়স-গ্রুপের ভোটারদের মাত্র ৪৪ শতাংশ ভোট দিয়েছিলো। পক্ষান্তরে ৬৫ বা ততোধিক বছর বয়সী ভোটারদের ৭৬ পার সেন্ট তাদের ভোটাধিকার প্রয়োগ করেছিলেন।

আগামী ২২ মে তিনটি গুরুত্বপূর্ণ নির্বাচন অনুষ্ঠিত হবে। এগুলো হচ্ছে, মেয়র অব টাওয়ার হ্যামলেটস্, ৪৫ ওয়ার্ড কাউন্সিলর এবং ইউরোপীয়ান পার্লামেন্টের লন্ডন রিজিয়নের ৮ জন মেম্বার নির্বাচন।

কাউন্সিলের পক্ষ থেকে বারার জনসাধারণকে, বিশেষ করে তরুণ বয়সীদেরকে এটা মনে করিয়ে দিচ্ছে যে, রেজিস্টার্ড না হলে কেউই ভোটাধিকার প্রয়োগ করতে পারবেন না।

বিশেষ করে টাওয়ার হ্যামলেটসের তরুণ ভোটারদের ভোট প্রদান করাটা খুবই গুরুত্বপূর্ণ, কারণ এই বারার মোট জন সংখ্যার ৬১ ভাগই ৩৪ বা তার কম বয়সী, জাতীয়ভাবে এই হার ৪৪ শতাংশ।

আসন্ন নির্বাচনে যারা ভোট দিতে আগ্রহী, তাদেরকে অবশ্যই ইলেক্টোরাল রেজিস্টারে নাম অন্তর্ভূক্ত করতে হবে। যদি কারো নাম রেজিস্টারে না থাকে তাহলে তা এখনই অন্তর্ভূক্ত করার জন্য কাউন্সিলের পক্ষ থেকে অনুরোধ করা হয়েছে।

উল্লেখ্য, ইলেক্টোরাল রেজিস্টারে নাম না থাকলে ব্যাংক একাউন্ট খোলা, ঘর-বাড়ি ক্রয়, কিংবা মোবাইল কন্টাক্ট নেয়া কঠিন হতে পারে।

যারা এখনো ভোটার তালিকায় নিজেদের নাম অন্তর্ভূক্ত করেননি, তারা আগামী ৬ মে'র মধ্যে ভোটার তালিকায় নাম অন্তর্ভূক্ত করতে পারবেন।

বারার ইয়াং ভোটারদের ভোট প্রদানে উদ্বুদ্ধ করতে টাওয়ার হ্যামলেটস্ কাউন্সিল বিভিন্ন ভাবে কাজ করে যাচ্ছে।

১৬ এবং ১৭ বছর বয়সীদেরকে ভোটার তালিকায় নাম তোলার জন্য উদ্বুদ্ধ করতে, এবং কাউন্সিলররা কি কাজ করে থাকেন, তা অবহিত করতে গত ডিসেম্বর মাসে বিশেষ একটি অনুষ্ঠানের আয়োজন করা হয়েছিলো। এই অনুষ্ঠানে ভোটার হওয়ার বয়স ১৬তে নামিয়ে আনার উপর বিতর্কও অনুষ্ঠিত হয়।

ইয়াং মেয়র ইলেকশনের মাধ্যমে তরুণ প্রজন্মকে নির্বাচনী প্রক্রিয়ায় সম্পৃক্ত করতে বারার রয়েছে খুবই শক্তিশালী রেকর্ড। বারায় বসবাসকারী কিংবা অধ্যয়নকারী ১৪ থেকে ১৮ বছর বয়সীরা প্রতি দুই বছর পর পর ইয়াং মেয়র ও ডেপুটিদের নির্বাচিত করে থাকে।

অধিকসংখ্যক তরুণ ভোটারদের নির্বাচনী প্রক্রিয়ায় সম্পৃক্ত করতে 'চেঞ্জ থিংস নাও' ক্যাম্পেইনেও কাউন্সিল সক্রিয়ভাবে অংশ নেয়।

ভোটার তালিকায় নাম তুলতে কিংবা নির্বাচন সম্পর্কে তথ্য জানতে চাইলে ০২০ ৭৩৬৪ ০৮৭২ নাম্বারে ফোন করে ইলেক্টোরাল সার্ভিসের সাথে কথা বলার জন্য অনুরোধ করা হয়েছে।

হাউজিং অপশন ওপর ডকুমেন্টরি প্রচার করলো চ্যানেল ফোর

Council's Housing Options featured on C4 – page 5

গত ৩০ এপ্রিল চ্যানেল ফোর এ 'হাউ টু গেট এ কাউন্সিল হাউজ' সিরিজের চুড়ান্ত পর্বে টাওয়ার হ্যামলেটসের হাউজিং অপশনের ব্যাপারে আলোকপাত করা হয়েছে।

হাউজিং অপশনের সার্ভিস হেড কলিন কর্মেক ও তার দফতরের অন্যান্য কর্মকর্তারা এই পর্বে অংশগ্রহন করেন। এরা হচ্ছেন, লরেন, ব্রায়ান, গ্লিনস, সুমনা, ফিওনা, পল, ইয়েমি, কিয়েরান, প্যাট্রিক, মাইকেল, মার্বা ও ফারজানা।

কলিন বলেন, "আমি মনে করি এই ডকুমেন্টারিটি খুবই গুরত্বপুর্ণ। ওয়েলফেয়ার রিফর্মের ফলে যুক্তরাজ্যে সামাজিক বাসস্থানের (সোশ্যাল হাউজিং) ক্ষেত্রে অপর্যাপ্ততার যে সংকট সৃষ্ঠি হয়েছে, সেই সংকটের দিকটি গুরুত্বের সাথে তুলে ধরা হয়েছে এই ডকুমেন্টারিতে।

তিনি আরো বলেন, "এই প্রতিবেদনের মাধ্যমে আমি আমার দফতরের কর্মকান্ড তুলে ধরার চেষ্ঠা করেছি। আর এর মাধ্যমে কাউন্সিল সাধারণত যে গুনগত মানসম্পন্ন সেবা প্রদান করে থাকে তার উদাহরন তুলে ধরার সুযোগ পেয়েছি।"

টাওয়ার হ্যামলেটসের হেড অফ পেইড সার্ভিস স্টিভ হাসলি বলেন, "এই বারায় বিভিন্ন জাতির মানুষ প্রানবন্ত পরিবেশে বসবাস করেন। টাওয়ার হ্যামলেটস কাউন্সিল সেবা প্রদান করার ব্যাপারে এ বিষয়টির প্রতি নজর রেখে চলে।"

তিনি আরো বলেন, "আমরা হচ্ছি প্রথম বারা যারা এলজিএ'এর এক্রিডেটিশন এওয়ার্ড ফর ইক্যুয়ালিটিজ এক্সেলেন্স ইন দি ইউকে অর্জন করেছি। ২০০৫ সালে কাউন্সিল ইনভেস্টর্স ইন পিপুল সিলভার স্ট্যান্ডার্ড এওয়ার্ড ও লাভ করেছে।"

জানা গেছে, গড়ে ২.১ মিলিয়ন লোক চ্যানেল ফোরের এই পর্বগুলো দেখেছেন। পর্বগুলোর শেষের দিকে এই সংখ্যা ২.৪ মিলিয়নে পৌছে।

খুবই চ্যালেঞ্জিং পরিস্থিতিতে টাওয়ার হ্যামলেটস কাউন্সিলের স্টাফরা যে সার্ভিস প্রদান করে যাচ্ছেন, তা একটি জাতীয় প্রচার মাধ্যমে প্রচারিত হয়েছে।

রিসাইকল করতে বারার বাসিন্দাদের উদ্বুদ্ধ করা হচ্ছে

Recycle right

টাওয়ার হ্যামলেটসে রিসাইক্লিং খুব দ্রুত ও সোজা। পরিত্যক্ত বা অব্যবহার্য জিনিস রাবিশ বিনে ফেলবেন না রিসাইকল করবেন, শুধু সেই সিদ্ধান্তটা নিলেই হলো।

কালো রংয়ের বিন ব্যাগ বা ময়লার শ্যুটে ফেলার বদলে রিসাইকল করলে যেমন জ্বালানী সাশ্রয় হয়, তেমনি সুরক্ষিত হয় মূল্যবান সম্পদ। বারার বাসিন্দারা এমনিতেই অনেক বেশি পরিমাণে রিসাইকল করছেন। তারপরও জনসাধারণ যাতে তাদের আবর্জনা ও রিসাইকল আইটেম পৃথকভাবে রাখেন, সেজন্য তাদের উদ্বুদ্ধ করা হচ্ছে।

রিসাইকলে জনগণকে উদ্বুদ্ধ করার অংশ হিসেবে এস্টেট কেয়ারটেকারদের সাথেও ঘনিষ্টভাবে কাজ করা হচ্ছে, যাতে তারা বাসিন্দাদের সাহায্য করতে পারেন।

এ প্রসঙ্গে পপলার হারকার এস্টেট সার্ভিস ম্যানেজার ফ্রিৎজ কোফ বলেন, কিভাবে রিসাইকল সার্ভিস কাজ করে এবং কোন সামগ্রী কোথায় যায় সেসম্পর্কে সম্যক ধারনা থাকার ফলে আমি পপলার হারকার বাসিন্দাদেরকে রিসাইকলে সাহায্য করতে সক্ষম হচ্ছি।

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Public notices

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003 NOTICE OF APPLICATION FOR A PREMISES LICENSE.

NOTICE IS GIVEN THAT The Boat House Deli has applied for a Premises Licence under the Licensing Act 2003.

Premises: The Boat House Deli, Ivory House, St Katharine Docks.

The licensable activities: The sale of alcohol between 1100hrs and 2130hrs seven days a week.

Anyone who wishes to make representations regarding this application must give notice in writing to: the Licencing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG. Website www.towerhamlets.gov.uk 020 7364 5008.

Representations must be received no later than 14th May 2014.

The application record and register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

১০ পাউন্ডে এক দিন মার্কেট স্টল দেয়ার সুযোগ

স্থানীয় মার্কেট বা হাটের ব্যবসা সম্প্রসারণে কাউন্সিল আবারও শুরু করতে যাচ্ছে বিশেষ ক্যাম্পেইন। আগামী ১৪ থেকে ২৮ মে পর্যন্ত পক্ষকালব্যপি 'লাভ ইওর লকাল মার্কেট' ক্যাম্পেইন চালানো হবে। এর অংশ হিসেবে দিন প্রতি মাত্র ১০ পাউন্ডে মার্কেট স্টল দেয়ার অফার গ্রহণ করতে নতুন ট্রেডার্সদেরকে আমন্ত্রণ জানানো হচ্ছে। বিস্তারিত পড়ুন নীচে -

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শিশু দারিদ্র্যতা হ্রাসে টাওয়ার হ্যামলেটস্ কাউন্সিলের কাজের মূল্যায়ন করলো সিপিইউ প্রতিনিধি দল

Child Poverty Unit visits Tower Hamlets – page 16

শিশু দারিদ্র্যতা হ্রাস করতে টাওয়ার হ্যামলেটস্ কাউন্সিল কিভাবে কাজ করছে, তা দেখতে চাইল্ড পোভার্টি ইউনিট (সিপিইউ) এর একটি প্রতিনিধি দল ২৮ এপ্রিল বারা পরিদর্শনে আসেন।

সিপিইউ বা চাইল্ড পোভার্টি ইউনিট হচ্ছে কেন্দ্রিয় সরকারের ডিপার্টমেন্ট ফর ওয়ার্ক এন্ড পেনশনস্, ডিপার্টমেন্ট অব এডুকেশন এবং এইচএম ট্রেজারির যৌথ স্পন্সরকৃত একটি ইউনিট, যারা গোটা ইউকেতে দারিদ্র্যতা হ্রাস ও সামাজিক ন্যায় বিচার নিশ্চিত করতে কাজ করে যাচ্ছে।

টাওয়ার হ্যামলেটস্ বারায় কিভাবে এটেইমেন্ট লেভেল উন্নত করতে এবং কর্মসংস্থানের হার ধরে রাখতে বিভিন্ন পদক্ষেপ নেয়া হয়েছে সেসম্পর্কে অবিহত হন সিপিইউ প্রতিনিধিরা। অধ্যয়ন কিংবা চাকুরি কিংবা প্রশিক্ষণের সাথে জড়িত নয়, এমন তরুণদের সংখ্যা হ্রাস করতে এবং বারার বাসিন্দাদের স্বাস্থ্য উন্নত করতে নেয়া পদক্ষেপগুলো সম্পর্কে অবহিত হন সরকারী এই প্রতিনিধিরা।

স্কুল, কাউন্সিল ও স্বেচ্ছাসেবী সংগঠন গুলোর একটি পার্টনারশীপ কিভাবে গত এক বছরে ৮০০ অভিভাবককে সাহায্য করেছে, তা দেখার জন্য সিপিইউ প্রতিনিধিরা বো'র মারনার স্কুল পরিদর্শন করেন। এই যৌথ কর্মপ্রচেষ্ঠার ফলে ১৭ জন অভিভাবকের কর্মসংস্থান হয়েছে এবং শত শত অভিভাবক বলেছেন যে, বাচ্চাদের নিয়ে তাদের প্রত্যাশা অনেকে বেড়েছে।

'রেইজিং এস্পিরেশনস্ প্রোগ্রাম' সম্পর্কে জানতে প্রতিনিধিরা ট্রাসলার হল পরিদর্শন করেন। এই প্রোগ্রামের মাধ্যমে ৫৫০ জন বেকার লোককে কর্মসংস্থানের আওতায় নিয়ে আসতে সাহায্য করা হবে।

এর মধ্যে ১০০ জনকে স্কিল ট্রেনিং এ পাঠানো হয়েছে। আরো ১৪৫ জনকে স্কিলম্যাচ অথবা অন্য কোন জব ব্রোকারেজ এজেন্সিতে পাঠানো হয়েছে।

মাদকাসক্তদের জন্য নতুন হেল্পলাইন চালু

Helpline for drug abusers – issue 1007

মাদক কিংবা মাত্রাতিরিক্ত মদ্য পানের আসক্তি থেকে যারা বের হয়ে আসতে চান, তাদেরকে সহযোগিতা করতে কাউন্সিল নতুন একটি টেলিফোন হেল্পলাইন চালু করেছে।

হেল্পলাইন নাম্বারটি হচ্ছে ০৮০০ ৩৮৯ ৪৪৪২।

নতুন এই হেল্পলাইনটি ফ্রিফোন এবং বছরের ৩৬৫ দিনই ২৪ ঘন্টা চালু থাকবে।

এতে যারা কল করবেন,তাদেরকে আপদকালীন পরামর্শ, তথ্যাদি এবং সহায়তামূলক সার্ভিস কোথায় পাওয়া যাবে, সে সম্পর্কে বিস্তারিত দিক নির্দেশনা দেয়া হবে।

নানা আয়োজনের মধ্য দিয়ে পালিত হলো সেন্ট জর্জেস্ ডে

Three cheers for St George – pages 6 & 7

টাওয়ার হ্যামলেটস্ কাউন্সিলের উদ্যোগে আয়োজিত সেন্ট জর্জেস্ ডে ফেস্টিভ্যালে অংশ নিয়ে বারার সহস্রাধিক নবীন প্রবীণ মানুষ সেন্ট অব ইংল্যান্ডের প্রতি তাদের শ্রদ্ধার্ঘ্য নিবেদন করেন।

গত ২৬ এপ্রিল জাতীয় এই দিবস উদযাপন উপলক্ষে বেথনাল গ্রীণের মিউজিয়াম অব চাইল্ডহুড এর সাথে মিলে কাউন্সিল আয়োজন করে ঐতিহ্যবাহি আনন্দ দিবসের।

দিনব্যাপি এই অনুষ্ঠানে প্রায় ২০০০ লোক অংশ নিয়েছিলেন। মিউজিয়াম মঞ্চায়ন করে মেরি ওল্ডি ইংল্যান্ড। আয়োজন করে পাঞ্চ এন্ড জুডি শো। ছিলো লাইভ মিউজিক। ব্লাইন্ড বাফেলো ট্রিগ পরিবেশন করে ফিউশন অব সুয়িং, ব্লুজ এন্ড স্কিফল। এছাড়া ছিলো বাচ্চাদের জন্য ক্রাফট ওয়ার্কশপ।

সেন্ট জর্জেস্ ডে উপলক্ষে গত ২৩ এপ্রিল হোয়াইটচ্যাপলের ব্রাডি আর্টস্ সেন্টারে বরার প্রবীন বসিন্দারা ঐতিহ্যবাহি টি ডান্স এ অংশ নেন। শতাধিক প্রবীণ বাসিন্দা নাচ গান ও আড্ডায় মেতে ওঠেন।

News in brief

বাসিন্দাদের কাছে শিশা বার কর্তৃপক্ষের ক্ষমা প্রার্থনা

শব্দজনিত উপদ্রবের অভিযোগে টাওয়ার হ্যামলেটস্ কাউন্সিল পপলারের একটি শিশা বার বন্ধ করে দেয়ার পর এর মালিক পার্শ্ববর্তী বাসিন্দাদের কাছে লিখিতভাবে ক্ষমা প্রার্থনা করেছেন।

শিশা লাউঞ্জ (ক্যানপি শিশা বার হিসেবেও পরিচিত) নামের এই প্রতিষ্ঠানের মালিক দবির আহমদ স্থানীয় বাসিন্দাদের ঘরে ঘরে একটি চিঠি পাঠান।

এই চিঠিতে তিনি উল্লেখ করেন যে, "সম্ভাব্য সকল ধরনের অসুবিধার জন্য আমি ক্ষমা চাচ্ছি এবং আপনাকে এই মর্মে নিশ্চয়তা দিচ্ছি যে, নিরাপদ ও নিরব পরিবেশ নিশ্চিত করতে নতুন ও কার্যকর পদক্ষেপ নেয়া হবে।"

এই শিশা বারটি ক্রমফিল্ড স্ট্রিট এবং আপার নর্থ স্ট্রিটের জাংশনে অবস্থিত। স্থানীয় বাসিন্দাদের প্রাত্যহিক জীবনে বিঘ্নতা সৃষ্টির অভিযোগ প্রমানিত হলে টাওয়ার হ্যামলেটস্ কাউন্সিল পদক্ষেপ নেয় এবং ১৩ ফেব্রুয়ারী ৬ সপ্তাহের জন্য এটি বন্ধ রাখার নির্দেশ দেয়। গত ২৭ মার্চ থেকে শিশা লাউঞ্জটি আবার চালু হয়েছে।

স্থানীয় বাসিন্দা ও ব্যবসায়ীরা এই শিশা বার-এর কারণে শব্দগত উপদ্রব ও সমাজ বি-রোধী আচরণজনিত কার্যকলাপ বৃদ্ধি পাওয়ার ব্যাপারে কাউন্সিলের কাছে অভিযোগ করলে, কাউন্সিল দ্রুত পদক্ষেপ গ্রহণ করে।

কাউন্সিলের হেড অব এনফোর্সমেন্ট, ট্রেভর কেনেট বলেন, আমরা এই ক্ষমা প্রার্থনাকে স্বাগত জানাই। আমরা এখনো এই ক্যানপি শিশা বারটিকে পর্যবেক্ষণ করে যাচ্ছি এবং যদি প্রয়োজন হয়, তাহলে আবারও কোন পদক্ষেপ নিতে আমরা দ্বিধা করবো না।

১০ পাউন্ডে এক দিন মার্কেট স্টল দেয়ার সুযোগ

স্থানীয় মার্কেট বা হাটের ব্যবসার সম্প্রসারণে টাওয়ার হ্যামলেটস্ কাউন্সিল আবারও শুরু করতে যাচ্ছে বিশেষ ক্যাম্পেইন।

আগামী ১৪ থেকে ২৮ মে পর্যন্ত পক্ষকালব্যপি 'লাভ ইওর লকাল মার্কেট' ক্যাম্পেইন চালানো হবে। এর অংশ হিসেবে দিন প্রতি মাত্র ১০ পাউন্ডে মার্কেট স্টল দেয়ার অফার গ্রহণ করতে নতুন ট্রেডার্সদেরকে আমন্ত্রণ জানানো হচ্ছে।

কাউন্সিলের হেড অব মার্কেটস্, ট্রেভর কেনেট বলেন, যদি আপনি মার্কেটে স্টল পরিচালনা করতে আগ্রহী হন, অথবা আপনার রয়েছে চমৎকার বিজনেস আইডিয়া এবং আপনার পণ্যের চাহিদা আছে কি না তা যাচাই করতে চান, তাহলে এটাই হচ্ছে আপনার জন্য চমৎকার একটি সুযোগ।

যে সব মার্কেটে এই লাভ ইওর লকাল মার্কেট স্কীম এর আওতায় নতুন ট্রেডাররা দিন প্রতি ১০ পাউন্ডে স্টল দেয়ার অফার পাবেন, সেই মার্কেটগুলো হচ্ছে: বেথনাল গ্রীণ রোড (সোমবার থেকে শনিবার), ক্রিসপ স্ট্রিট (সোমবার থেকে শনিবার), রোমান রোড (মঙ্গলবার, বৃহস্পতিবার ও শনিবার), ওয়াটনী স্ট্রিট (সোমবার থেকে শনিবার), পেটিকোট লেন (সোমবার থেকে শুক্রবার এবং রোববার), ব্রিক লেন, চেশায়ার স্ট্রিট এং স্কেল্যাটার স্ট্রিট (রোববার)।

টাওয়ার হ্যামলেটস্ কাউন্সিল বারায় ১০ টি মার্কেট সপ্তাহের ৭ দিনই পরিচালনা করে। অধিকাংশ মার্কেটে খুবই কম সংখ্যক স্থান এখনো রয়েছে, যেখানে নতুন ট্রেডার ব্যবসা করার সুযোগ নিতে পারেন।

'লাভ ইওর লকাল মার্কেট' স্কীমের বাইরে যারা স্থায়ীভাবে মার্কেট ট্রেডার হতে চান, তারা হোয়াইটচ্যাপল রোড মার্কেট সহ উপরে উল্লেখিত মার্কেটগুলোতেও স্থানের জন্য আবেদন করতে পারেন।

আপনি যদি নিজের ব্যবসা চালু করতে চান কিংবা মার্কেট ট্রেডার হতে চান, তাহলে ০২০ ৭৩৬৪ ১৭১৭/১৭০৭/১৭০৮ নাম্বারগুলোতে অথবা **streetmarkets@towerhamlets.gov.uk** ইমেইলে যোগাযোগ করতে অনুরোধ করা হয়েছে।

■ **The above stories are: owner of noisy shisha bar apologises; join market life for £ 10 – issue 1007.**

supporting care

Supporting Care offers a care at home service, tailored to suit each of our individual client's needs. Supporting Care provides the highest quality homecare to vulnerable and elderly clients, providing support for them as well as their friends and families. We like to work in partnership with our clients, and their carers as we believe this is a two way process. There are times in our lives when we may require some help with our day to day living. This can simply be following a stay in hospital, help on a long term basis due to general ill health, disability or lack of mobility. Supporting Care aims to enable you to maintain and retain your independence while at the same time living in the comfort of your own home in surroundings that you are familiar with. We aim to provide assistance and support so that you may continue to live your life the way you choose.

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- We provide 24 hour live in care, covering companionship, palliative care, either on a long term or respite basis.
- We specialise in continuity of care and aim not to change carers.
- 24 hour peace of mind knowing that you have someone caring for you and assisting you when you need it, in the comfort of your own home.
- All our care workers have an Enhanced Disclosure and Barring Service (DBS) check and are fully referenced.

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- We aim to help enrich your quality of life
- We encourage independence
- We respect your feelings

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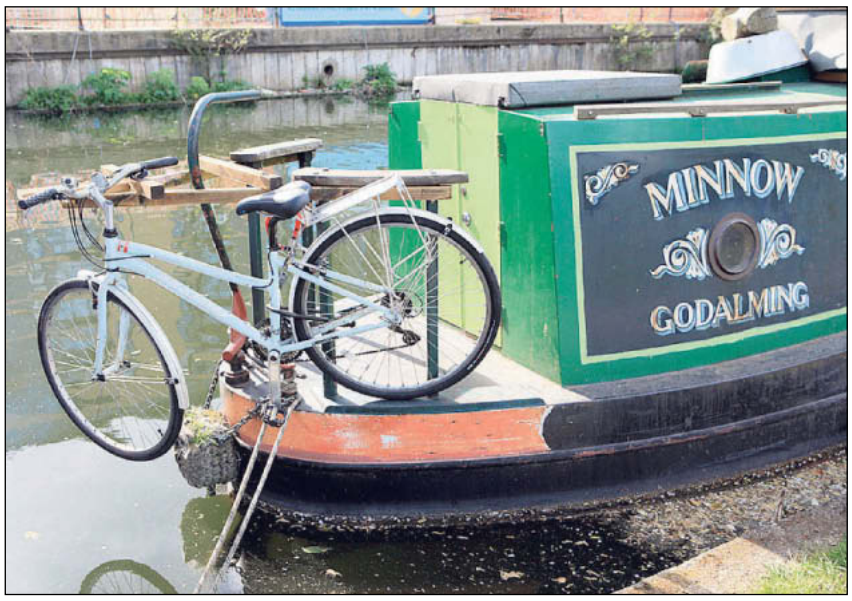
INVESTORS IN PEOPLE

POSITIVE ABOUT DISABLED PEOPLE

Now that the days are longer and the weather is warmer, it's time to enjoy the outdoors, explore wildlife and discover the calming beauty of the borough's canals. **Jessica Odubayo** meets two volunteers who have done just that. Photos by **Kois Miah**.

A boat arrives at Old Ford Lock



Barge with a bike on the back

Cycling over the canal bridge in Victoria Park

See boats of all shapes, sizes and colours on the borough's tranquil waterways

IF you need some inspiration to enjoy the great outdoors, look to volunteer lock-keepers Rob Hewitt and Neville Reeves.

The two men are on their third season of running the locks at Old Ford in Bow.

Helping to keep canal traffic flowing over the busy summer months, the volunteers' duties include assisting boaters through the locks, maintaining the towpaths, helping to keep the canals litter-free and answering visitors' and tourists' questions.

Volunteering for waterways charity the Canal & River Trust, Rob and Neville said they first heard about the job from television and online advertising.

"I own a canal boat, and as a regular user of the waterways, I wanted to give something back," said Neville.

"We feel we make a difference by being the eyes and ears of the trust," Rob told East End Life.

As well as operating the lock, the volunteers walk about eight miles each day, from Hackney Wick to Mile End, and Bow, patrolling the area, planting flower bulbs, picking up litter, tending the vegetation and reporting problems to trust staff.

In the course of their duties, the lock-keepers say they have pulled some strange and interesting items out of the canal waters.

"Motor bikes, shopping trolleys and numerous bicycles are some of the things we've found," they said.

Volunteers work during the main boating and visitor season from March to October and each volunteer commits to one or two days a week.

Rob and Neville say the canals are so interesting and the attraction of meeting new people, from dog walkers to joggers and fishing enthusiasts and enjoying the sights and sounds of wildlife along the waterways, keeps them coming back to volunteer each year.

"During the Olympic Games we saw athletes jogging alongside the canal. We also gave directions to visitors wanting to walk to the stadium. Now we plan to come back year after year," they agreed.

Deborah Carey, spokeswoman for the Canal & River Trust, said: "Our volunteers are

Neville helps to keep canal traffic flowing

Tales from t

Neville and Rob help a barge through Old Ford Lock

Canals are accessible to walkers, cyclists, families, anglers and boaters

Watch out for wildlife on the waterways!

so important to keeping London's canal system working efficiently and it is a great way to keep fit and help your community."

The trust wants to encourage younger people to get involved in volunteering, but Deborah said there are no age or sex restrictions to volunteering.

The charity provides training in areas including health and safety, operating the locks and the geography of the local area.

This summer, there's plenty to explore on the canals, whether on the towpath, in a canoe, on your bike, by boat or from a pub garden. Floating Cinema, featuring open air screening, performances, talks, music, workshops and tours, is set to open this June.

And as further inspiration for a visit, the trust is asking residents to keep an eye out for dragonflies and damselflies as part of its annual Great Nature Watch.

Peter Birch, group environment manager for the Canal & River Trust, said: "Dragonflies, and their sister damselflies, flourish in clean water which is rich in bankside vegetation, such as reeds. This makes them a fantastic indicator of the health of a canal or river.

"While this year's floods have had an obvious impact on larger animals, birds and fish, we are also particularly concerned with the impact on invertabrates, which form the foundation stones of a healthy water environment.

"We would expect to see an increase in numbers of mosquitoes and midges which prefer stagnant and isolated water, but we may also see a drop in the numbers of dragonflies emerging this spring."

The Great Nature Watch asks residents to record sightings of all wildlife seen on their neighbourhood canals, rivers, reservoirs or lakes. Records can be submitted online at **www.canalrivertrust.org.uk/great-nature-watch**

Anyone can take part, and record as many sightings as they like between now and September.

To plan your next visit or get inspiration, visit **www.canalrivertrust.org.uk**

Rob has returned for a summer of volunteering

the towpath

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

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Prepare and act now

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forward-plan/forward-plan.cfm

Meetings

Wednesday, May 7

7pm: Development committee

The agenda includes a planning application to convert and extend 638 Commercial Road/ Limehouse Library into a three-to five-storey building with kitchen, laundry and gymnasium at basement, study/ lecture rooms on ground floor and 64 self-contained student accommodation units on ground and upper floors.

For more information call 7364 4877 or email zoe.folley @towerhamlets.gov.uk

Thursday, May 8

6.30pm: Licensing sub-committee

Business includes applications for new premises licences for: Busaba Eathai, 3 Innova Passage, E1 and Convenience Store, 55 Old Bethnal Green Road, E2.

For details call 7364 4120 or email simmi.yesmin@tower hamlets.gov.uk

Thursday, May 15

7pm: Strategic development committee

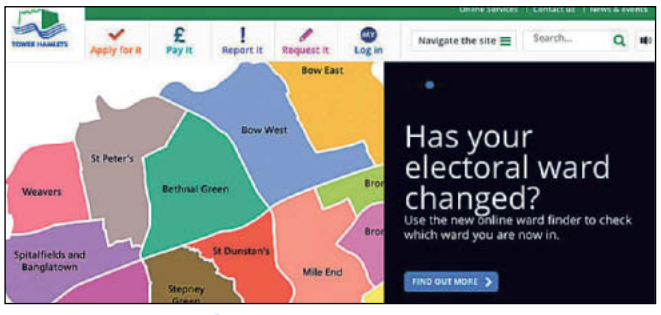
Details from Zoe Folley (see left).

Thursday, May 22

Local authority, mayoral and European Parliamentary elections are being held.

Details at www.towerhamlets. gov.uk/vote

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Raising aspirations for parents and children

REPRESENTATIVES from the Child Poverty Unit (CPU) visited Tower Hamlets last week to learn about the council's best practice approach to preventing and tackling child poverty.

As well as learning about what action is being taken to improve attainment levels in the borough, including at GCSE level, they also heard about efforts made to maintain the employment rate.

The representatives also learned about measures to reduce the proportion of young people not in education, employment and training and to improve the health of residents.

They visited Marner Primary School in Bow to find out how partnership between the council, schools and voluntary agencies has helped more than 800 parents over the last 12 months.

Seventeen parents have found employment as a result of the work, and hundreds have said that their aspirations for their children have increased.

The representatives also visited Trussler Hall, Poplar to learn about the Raising Aspirations Programme, which will help 550 unemployed people to move closer to the labour market. A minimum of 100 of these will be referred to skills training and 145 to Skillsmatch or other suitable job brokerage agencies.

Louise Russell, head of the corporate strategy and equality service at the council, said: "I am pleased that the CPU have recognised the work that we are doing to tackle child poverty."

The CPU is jointly sponsored by the Department for Work and Pensions and the Department of Education and HM Treasury with the aim of reducing poverty and improving social justice across the UK.

Planning

E1

Aldgate Place land bounded by Whitechapel High Street, Leman Street, Buckle Street & Commercial Road – application for non-material amendment of planning permission ref: PA/13/00218, dated 17.10.13.

E2

54 Redchurch Street – alterations to existing timber shopfront to include removal of external security shutter, addition of timber pilasters and fascia and change of colour to gloss black; addition of traditional design projecting sign; new external air conditioning condenser units to second floor flat roof.

E3

110 Grove Road – alterations to existing roof terrace to include construction of new timber pergola, new French doors and new perimeter fencing; proposed door and window alterations to front elevation and relining of existing fabric awnings to front.

E14

Former site at 28 -34 Ellesmere Street – provision of four additional flats to be accommodated within proposed additional storey.

Barratt Industrial Estate, 20 Gillender Street – request for screening opinion as to whether environmental impact assessment is required re. application for redevelopment of site for residential-led mixed-use development comprising 214 residential units and up to 1,862 sq metres of commercial floorspace. The development is to be provided across four blocks, ranging in height from four to 14 storeys.

48 Lanterns Way – installation of glazed frontage and some cedar-clad sections; installation of fascia panel with store branding on shopfront. The panel would measure 1m high extend above the full exterior and include two rear illuminated 3D logos and installation of a projecting sign on each elevation.

This is not a definitive list of all current planning applications.
For more details go to the council's website at www.towerhamlets.gov.uk and click on Planning.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre,
179-181 Whitechapel Road, E1
7377 0676.

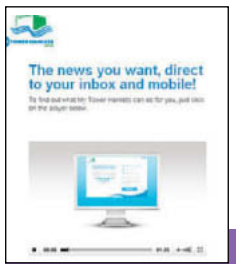
Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor,
20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village,
Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel,
60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village
Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

Did you get it?

Last week's photo was part of a dockside crane on the Isle of Dogs.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

For other council enquiries call 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.

Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)

24-hour domestic violence national helpline
0808 2000 247

Haven Whitechapel (sexual assault referral centre)
7247 4787

Karma Nirvana (Honour Network Helpline)
0800 5999 247

Broken Rainbow (LGBT domestic violence)
0845 260 4460

Black Women's Health & Family Support
8980 3503

Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900

Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000

Childline
0800 1111

Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234

Men's Advice Helpline
0808 8010 327

Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney& Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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- FULLY FURNISHED
- RETURNS FROM RENTAL POOL

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Knight Frank – Global House Price Index (Mar 2014)

BOOK FROM GBP 25,000*

SERVING EXPO 2020

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*Terms and conditions apply. Prices subject to local currency fluctuations.

Wiggle your way to perfect compost

Compost bins and wormeries are available for residents to buy from the council for just £5 each. They take raw fruit and veg waste and produce a nutrient-rich liquid, perfect for potted plants.

EMAIL RECYCLING@TOWERHAMLETS.GOV.UK OR CALL 7364 5004

Patio of pelargoniums

"Every year I can't wait for summer to arrive when my patio is full of tubs overflowing with pretty pelargoniums."

BARONESS FLOELLA BENJAMIN

Floella's a fan of vibrant blooms

Plant of the month from the Horticultural Traders Association

MAY is a marvellous month... the garden is blooming, plants are beginning to flower and show their true colours and it's Chelsea Flower Show (May 20-24).

We may not all have award-winning gardens, but our outside space is beginning to come into its own again.

Beds and borders are beginning to fill out and have definition again, and early colour comes from the popular pelargonium, commonly known as geranium.

So long as they have a bit of sun, they can be grown pretty much anywhere.

Pelargoniums flower from spring right through to late autumn. If you protect them from frost during the winter months they will continue to thrive for many years.

There are seven different types of pelargonium – angel, decorative, ivy-leaved, regal, species, scented leaf and unique. They also come in different varieties such as upright, trailing, climbing, ivy-leaf, 'balcon', rosebud and dwarf.

Pelargoniums are great to grow in pots – they are very easy to look after, so are ideal for novice gardeners.

A big fan of the plants is Baroness Floella Benjamin: "When I see pelargoniums my heart sings with joy. They are one of my favourite plants and they are such an easy patio plant to grow. They also look great in flower beds and window boxes and are very versatile.

"I particularly love the vibrant flower colours that look stunning against their dark green foliage. Their scents are irresistible and fill the air with hints of rose, lemon, mint, fruit, nut and spice. When they are in full flower they are spectacular and amazingly beautiful.

"Every year I can't wait for summer to arrive when my patio is full of large tubs overflowing with dozens of pretty pelargoniums."

AROUND 80 guests enjoyed a fish and chip lunch followed by an afternoon dance to mark St George's Day on Wednesday, April 23. The party, held at the Tarling East Community Centre in Shadwell and organised by Tower Hamlets Community Housing, was a chance for residents to meet up with old friends, make some new ones and work off their lunch by dancing along to a live band playing many old favourite tunes. Irene Brown (pictured with a friend), from Bethnal Green, said: "I look forward to this time of year, it was good seeing everyone having a lovely time."

The wonder of worms

BY SARAH MCLAUGHLIN

IT'S Compost Awareness Week this week and a good time to think about home composting as an alternative to disposing of garden waste.

Home composting not only reduces waste sent to landfill, but also produces compost which helps garden and houseplants grow and bloom.

Residents with a garden can use compost bins for all kitchen peelings and garden cuttings. Communal gardens and vegetable patches can also benefit through community composting schemes, which also bring people together.

Tanjina Nasrin, one of the borough's recycling champions, manages a small community garden in the Lincoln Estate in Bow and has been instrumental in introducing composting to the garden.

"We have always been interested in composting and purchased a tumbling composter and a standard compost bin through the council," she said.

"So far we have managed to compost much of our garden waste into the standard compost bin and are looking forward to receiving training on composting in general, as well as using the tumbling composter."

Tanjina added: "I love to recycle and have been recycling all my household waste including food scraps for many years. My enthusiasm has rubbed off on to my volunteers at the garden as they are very keen to be as environmentally friendly as possible as well as to benefit from the end product of the garden composting."

Compost bins and wormeries are available for residents to buy from the council for just £5 each.

Wormeries are designed to take raw fruit and veg waste only and are ideal for people living in flats or those who have little or no garden waste.

They produce a fantastic nutrient-rich liquid which is perfect food for potted plants.

Residents can choose from three different types of wormeries and they come with instructions on how to use them.

For more information about community composting or to purchase compost bins or wormeries email **recycling@towerhamlets.gov.uk**, call 7364 5004 or visit **www.towerhamlets.gov.uk/recycling**

tower hamlets homeseekers

02/05/14 - 08/05/14
Closing date for Internet and Telephone bids: 08/05/14

Find out about local schools, council services, transport links, and businesses at: **www.upmystreet.com**

You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওয়ার হ্যামলেটস হাউসিং তালিকায় আপনার একটি সক্রিয় আবেদন থাকলেই কেবল এসব বাসাগুলোর জন্যে আপনি নিলাম ডাকার অংশ নিতে পারবেন। অনুগ্রহ করে এই বাসাগুলোর কোনটিই দেখতে যাবেন না কারণ এরফলে প্রতিবেশীরা বিরক্ত হতে পারেন।

যাদেরকে আমরা বাসা দেয়ার প্রস্তাব করি কেবল সেসব লোকেদেরকেই আমরা যোগাযোগ করে থাকি। ভাড়ার নীতিমালার (লেটিং পলিসি) উপর ভিত্তি করে অগ্রাধিকারের ভিত্তিতে বাসা দেয়ার প্রস্তাব করা হয়। 020 7364 2826 নম্বরে অথবা ওয়েবসাইটে এই নীতিমালার কপি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因爲這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ اِن گھروں کے لئے صرف اُسی صورت میں بولی دے سکتے ہیں اگر ''ٹاور ہیملٹس ہاؤسنگ لسٹ'' میں آپ کی درخواست واجب اور زیرِ غور ہے۔ براہِ کرم اِن میں سے کسی گھر کو دیکھنے کے لئے مت جایئے، کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

ہم صرف اُن لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرایہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے 020 7364 2826 یا آپ اسے ویب سائٹ پر ملاحظہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet **'Support Charges in long term Supporting People Services'**. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

SHELTERED
Accessible Category E
MOSQUE TOWER, FIELDGATE STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted

Eligibility : Min Client Age 55

£164.75, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29805

SHELTERED
Accessible Category F
STEPNEY GREEN COURT BLOCK G, STEPNEY GREEN, E1
Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

Eligibility : Min Client Age 60

£170.33, Weekly - Social Rent
Landlord: Industrial Dwellings Society

Property Ref: 29807

SHELTERED
Accessible Category E
EDITH RAMSAY HOUSE, DUCKETT STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£168.66, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29806

1 BEDROOM
Accessible Category F
BARLEYCORN WAY, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£119.79, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29817

1 BEDROOM
Accessible Category F
CHARLES DICKENS HOUSE, MANSFORD STREET, E2
Flat • 1 Bed 2 Person • 16th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Residents parking scheme • Pets not permitted . Heating & hot water included in charges . Concierge

£148.65, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

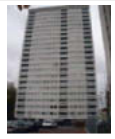
Property Ref: 29828

1 BEDROOM
Accessible Category G
LEWEY HOUSE, JOSEPH STREET, E3

Flat • 1 Bed 2 Person • 14th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Pets not permitted

£119.26, Weekly - Social Rent
Landlord: Places for People

Property Ref: 29808



1 BEDROOM
Accessible Category F
BERKELEY HOUSE, WELLINGTON WAY, E3

Flat • 1 Bed 2 Person • 8th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets with landlords permission

Eligibility : Band 3

£126.07, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29793

1 BEDROOM
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3

Flat • 1 Bed 2 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets with landlords permission

Eligibility : Band 3

£126.07, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29809

2 BEDROOMS
Accessible Category F
BROCKMER HOUSE, CROWDER STREET, E1

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£132.02, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29799

2 BEDROOMS
Accessible Category F
LATHAM HOUSE, CHUDLEIGH STREET, E1

Maisonette • 2 Bed 4 Person • 5th floor • Separate kitchen • Two lifts • Separate Bathroom and W/C • Check heating on viewing • No garden • Pets permitted Concierge/CCTV

£125.41, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29813

2 BEDROOMS
Accessible Category F
GALWAY HOUSE, WHITE HORSE LANE, E1

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£127.80, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29798

2 BEDROOMS
Accessible Category F
COLLINGWOOD STREET, E1

Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a Secure or Assured social housing tenancy

£157.91, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29794

2 BEDROOMS
Accessible Category F
HEATHPOOL COURT, BRADY STREET, E1

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£143.36, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29803

2 BEDROOMS
Accessible Category G
GOODWILL HOUSE, SIMPSONS ROAD, E14

Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Off street parking • Pets not permitted

£104.10, Weekly - Social Rent
Landlord: Arhag HA

Property Ref: 29812

2 BEDROOMS
Accessible Category F
GALLEON HOUSE, GLENGARNOCK AVENUE, E14

Maisonette • 2 Bed 4 Person • 3rd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£135.23, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29797

2 BEDROOMS
Accessible Category F
THORNFIELD HOUSE, ROSEFIELD GARDENS, E14
Maisonette • 2 Bed 4 Person • 7th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£122.81, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29804

2 BEDROOMS
Accessible Category D
PROTON TOWER, BLACKWALL WAY, E14

Flat • 2 Bed 3 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted . Electricity & water included in charges
The charges are estimated at this stage

PREFERENCE TO HOUSING MOVES APPLICANTS

£220.93, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 29816

2 BEDROOMS
Accessible Category D
MILLHARBOUR, E14

Flat • 2 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a Secure or Assured social housing tenancy . Electric cooking

£171.64, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29795

2 BEDROOMS
Accessible Category G
ASHDOWN WALK, E14

Maisonette • 2 Bed 4 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£118.12, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29810

2 BEDROOMS
Accessible Category G
PEABODY BUILDINGS BLOCK C, CAMBRIDGE CRESCENT, E2
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required at sign up of tenancy

£136.12, Weekly - Social Rent
Landlord: Peabody

Property Ref: 29826

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category F
BERKELEY HOUSE, WELLINGTON WAY, E3

Flat • 2 Bed 4 Person • 14th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets with landlords permission . Children must be 10 years and over

Eligibility : Band 3

£142.13, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29818

2 BEDROOMS
Accessible Category F
CONISTON HOUSE, SOUTHERN GROVE, E3

Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£132.55, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29800

2 BEDROOMS
Accessible Category F
BECKLEY HOUSE, HAMLETS WAY, E3

Flat • 2 Bed 4 Person • 10th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£132.90, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29802

2 BEDROOMS
Accessible Category F
WENTWORTH MEWS, E3

Maisonette • 2 Bed 4 Person • 7th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£132.43, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29796

2 BEDROOMS
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3

Flat • 2 Bed 4 Person • 19th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets with landlords permission . Children must be 10 years and over

Eligibility : Band 3

£142.21, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29801

2 BEDROOMS
Accessible Category D
PARTRIDGE HOUSE, STAFFORD ROAD, E3

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a Secure or Assured social housing tenancy.

£143.99, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29819

3 BEDROOMS
Accessible Category F
ARABIAN HOUSE, ERNEST STREET, E1

Flat • 3 Bed 6 Person • 2nd floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£130.31, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29814

3 BEDROOMS
Accessible Category F
STRATTONDALE STREET, E14

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted

£156.36, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 29811

3 BEDROOMS
Accessible Category F
POMEROY HOUSE, ST JAMES AVENUE, E2

Flat • 3 Bed 5 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

PREFERENCE TO HOUSING MOVES APPLICANTS

£138.25, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29815

3 BEDROOMS
Accessible Category F
HACKWORTH POINT, RAINHILL WAY, E3

Flat • 3 Bed 4 Person • 3rd floor • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a Secure or Assured social housing tenancy

Eligibility : Band 3

£169.40, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29822

3 BEDROOMS
Accessible Category F
BIRCHDOWN HOUSE, RAINHILL WAY, E3

Flat • 3 Bed 6 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy . Restricted parking

Eligibility : Band 3

£155.26, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29792

3 BEDROOMS
Accessible Category F
TIDEY STREET, E3

Maisonette • 3 Bed 5 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£148.76, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29821

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. **Please note the rent level and length of tenancy offered on the following homes.**

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

AFFORDABLE RENT
Accessible Category E
ST THOMAS HOUSE, EAST ARBOUR STREET, E1

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£173.25, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29823

AFFORDABLE RENT
Accessible Category F
FERRY STREET, E14

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

Eligibility : Band 3

£253.00, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29820

AFFORDABLE RENT
Accessible Category F
LICHFIELD ROAD, E3

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted • Life Time.

£202.00, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29824

Internet Bidding
Just log on to
www.thhs.org.uk

Telephone Bidding
Simply call
0845 270 2400

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes.

This causes a nuisance and may distress some individuals.

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0% TO SELL OR RENT YOUR PROPERTY

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The Property Ombudsman LETTINGS | The Property Ombudsman SALES | OFT

*T & Cs apply

124 Whitechapel Road, London E1 1JE

Youth Opportunity Fund 2014

Round 1 deadline fast approaching

May 30th 2014

If you are aged 13-19 (up to 25 with SEN) and live, work or study in Tower Hamlets, you can apply for a grant of up to £3500 to deliver a community based project.

Please visit

www.amp.uk.net/yof

for more details and to download the application form.

Alternatively you can email the Youth Opportunity Fund team:

boris.rupnik@towerhamlets.gov.uk

or call 020 7364 3091

TOWER HAMLETS

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236 ROMAN ROAD, LONDON, E2 0RY

EMAIL: INFO@HAMLETTS.COM

TEL: 020 8980 3377 FAX: 020 8980 9434

*Terms and conditions apply

nafas

Nafas is a specialist drug agency based in Tower Hamlets providing a range of quality drug treatment, education, training, and outreach services. Our innovative service provisions helps individuals and communities recover from drug addiction.

Drug Outreach Workers (part-time 17.5 hours)

All incl. | Ref: Nafas 1401 | Salary £7500 (FTC)

We are seeking to recruit two part time Outreach Workers to source problematic drug users and enable them to access treatment. Outreach Workers will also engage and work in partnership with the community and other agencies to disseminate drug related advice and information.

You will have good understanding of different types of drugs and their effects on individuals and communities and have experience of working with hard to reach individuals, particularly from the Bangladeshi/Somali community. The ability to speak one of these community languages due to the demographics is also essential. The successful candidates will be educated to a good standard, have training in drugs or health & social work, be reliable and flexible, a good team worker and must be flexible with their timing to enable evenings/weekend work and be ready for immediate start.

Closing Date: 5:00pm Wednesday 14 May 2014

For an application form please call **0207 377 0676**

This is a fixed term contract until October 2014, continuation subject to performance and funding which is highly likely.

Career Opportunities

TOWER HAMLETS

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....

Lawyer - Civil Litigation & Employment £35,406 - £38,229

Law, Probity & Governance Directorate
Ref: LPG00012 | FTC until 31 March 2015

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

Closing date: 11 May 2014

POSITIVE ABOUT DISABLED PEOPLE | INVESTORS IN PEOPLE | Silver | Stonewall TOP 100 EMPLOYERS 2014

MORPETH SCHOOL

Portman Place, E2 0PX

ASSISTANT SCHOOLKEEPER – responsible for Grounds

NJC Scale 3 £19,221 - £20,328

This is a full-time, permanent post with 25 days annual leave. Hours: 7.30am to 3.30pm throughout the year.

Required to work with the Premises team providing maintenance, security, heating and health & safety services with main responsibility for external grounds maintenance for this large secondary school in Bethnal Green. Practical skills to carry out minor repairs and a flexible approach to work are essential.

For full details and application form, see the school website **www.morpethschool.org.uk** or email **einglis@morpeth.towerhamlets.sch.uk** or phone **020 8981 0921**.

Closing date: Friday 16th May 2014

Do you have experience of mental health problems?

Do you want to take action to break down taboos and challenge stigma?

Moving Pictures is a creative project which will take you from talking over tea to making movies.

We are recruiting volunteers who are willing to talk about their experience of mental health issues with older people in the community.

Please contact Kate Lovell on **kate.lovell@toynbeehall.org.uk** or **0207 392 2976** for more information.

Closing date: 23rd May 2014

Funded by a grant from time to change

Toynbee Hall

PERSONAL SUPPORT WORKER REQUIRED

Poplar area

Required by physically disabled woman to carry out household tasks.

£8.80 per hour for 4 hours a week

Experience necessary.

You can download the application pack from www.real.org.uk/AW111 or write to Ref. AW111, Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ

Closing date: 5pm Monday 19 May 2014

Interviews: To be arranged

ISLAND ADVICE CENTRE

Are you interested in developing a career in advice work?

Tower Hamlets Advice Work Training Project Training and Voluntary Work Opportunities

Skillsmatch are supporting Island Advice to recruit and deliver the Tower Hamlets Advice Work Training Project

Trainees will have to be available for a minimum of two days per week for a period of one year.

Trainees will attend a formal training course one day per week (Tuesdays starting September 2014 – usual school holidays apply). The training covers: policies/principles of advice work, welfare benefits, housing, immigration, employment and debt.

Trainees will also carry out a work placement in one of our partner advice agencies in Tower Hamlets for at least one day a week (this is in addition to the training day) – days/time/venues for this vary.

This is a voluntary work placement/training scheme – trainees are not paid. However trainees will obtain work experience, excellent training and improve prospects of obtaining a fulfilling and satisfying job in the future.

You must be a resident of Tower Hamlets, not already in full time education and not working more than 16 hours to be eligible for the training as we want the training to be your main priority and commitment.

To apply, please call 020 7364 0626

And leave your name, contact number and state ref Advice Training. Applicants are required to complete an application form and will be invited to an **Information Open Day** on: **Friday 23rd May**, at: **Skillsmatch**, 55 Upper Bank Street, Canary Wharf, E14

This years course will start **September 2014** - work placements can start before this so you can then gain valuable work experience prior to this.

Skillsmatch
INNOVATION IN JOB BROKERAGE

TOWER HAMLETS

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

Thomas More Square, Thomas More Street, London **PA/14/788/SHA**

Change of use of ground floor of Buildings 1, 2, 3 and 6 from Office use (class B1) to Retail use (class A1), Financial and professional service use (class A2) and restaurant use (class A3),

Ground floor extension, to provide 1,978sq metres of additional A1, A2 and A3 floorspace

New shop frontages

Alterations to the north eastern entrance and western entrance of the site

Alterations to office entrances to Buildings 2 and 3

Alterations to the public realm

Provision of cycle parking, plant screening and associated works

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 5th May 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

Thomas More Square, Thomas More Street, London **PA/14/788/SHA**

Change of use of ground floor of Buildings 1, 2, 3 and 6 from Office use (class B1) to Retail use (class A1), Financial and professional service use (class A2) and restaurant use (class A3),

Ground floor extension, to provide 1,978sq metres of additional A1, A2 and A3 floorspace

New shop frontages

Alterations to the north eastern entrance and western entrance of the site

Alterations to office entrances to Buildings 2 and 3

Alterations to the public realm

Provision of cycle parking, plant screening and associated works

Temple Court, 52 Rectory Square, London **PA/14/82&95/LAB**

Retrospective planning permission for demolition of existing brick bin store and landscaping to create additional car parking space

Retrospective listed building consent for demolition of existing brick bin store and landscaping to create additional car parking space

3 Old Montague Street, London, E1 5NL **PA/14/900/KHA**

Application for change of use of first and second floor office to two studio flats including replacing of side window to rear wall.

32-82 Fairfoot Road, London, E3 4EH **PA/14/835/CSK**

Replacement of existing windows with new white UPVC windows

Leadenham Court, 19 Spanby Road, London **PA/14/831/CSK**

Replacement of existing windows with new white UPVC windows

71-99 Fairfoot Road, London, E3 4EG **PA/14/832/CSK**

Replacement of existing windows with new white UPVC windows

Flat 5C, St Johns Wharf, 104-106 Wapping High Street, London, E1W 2PR **PA/14/937/BEE**

Internal alterations to comprise:

1 - Removal of spiral stair and modification to the mezzanine deck to receive a new feature stairway.

2 - Re-modelling of interior areas relating to bedrooms kitchens and bathrooms. Replacement sanitary and kitchen fittings throughout.

3 - Electrical re-wire.

4 - Replacement of exiting overlay flooring with engineered elm floor stone flooring to mezzanine level.

5 - Internal redecoration throughout.

142 Narrow Street, London, E14 8BP **PA/14/886 & 887/KFL**

Demolish portion of existing second floor roof,make good and build level floor accordingly, build up structure supported from core stairwell of building to support new concrete roof terrace decking and roof for third floor level extension, Build new concrete decking, glaze third floor level extension, provide glazed spiral access stair to roof terrace and finish roof terrace to support tall grass and wild flower green roof with three mature aspen trees.

125-127 Cannon Street Road, London, E1 2LX **PA/14/970/KHA**

Proposed refurbishment and extension to existing property, including partial demolition to rear of building and loft spaces. Proposals contain shop (A1) and 6no. self-contained residential units (C3)

Days Inn Hotel, 419-437 Hackney Road, London, E2 8PP **PA/14/740/PLA**

Part fourth, fifth & sixth floor extension to existing apartment hotel to facilitate a further 26 Apartments

577 Roman Road, London, E3 5EL **PA/14/880/BMC**

Planning permission is sought for the change of use of existing cake shop (Use Class A1) to hot food take-away (Use Class A5) including alterations to the shop front

577 Roman Road, London, E3 5EL **PA/14/881/BMC**

Advertisement consent is sought for the installation of 4.0m high x 3.15m wide x 100mm deep sign on the east elevation. This would be externally lit with 4 lamps. The installation of lamps to the existing shop front so that it is externally illuminated.

Clergy House St Mary and St Joseph, 9 Pekin Street, London, E14 6EZ **PA/14/988/SAE**

Various Tree works within rear garden comprising:

- T1 & T2 (2 x Large Cherry) - Reduce crowns overall by 1 - 1.5 metres.
- T3 - T5 (3 x Ailanthus) - Fell as close as possible to ground and treat stumps to prevent regrowth
- T6 (1 x Sycamore) - Fell as close as possible to ground and treat stump to prevent regrowth.

54 Redchurch Street, London, E2 7DP **PA/14/868/SHT**

Alterations to existing timber shopfront to include removal of external security shutter, addition of timber pilasters and fascia and change of colour to gloss black. Additional of traditional design projecting sign. New external air conditioning condenser units to existing 2nd floor flat roof.

54 Redchurch Street, London, E2 7DP **PA/14/869/SHT**

Alterations to existing timber shopfront to include removal of external security shutter, addition of timber pilasters and fascia and change of colour to gloss black. Additional of traditional design projecting sign. New external air conditioning condenser units to existing 2nd floor flat roof.

Traditional sign written fascia (non-illuminated) Traditional Projecting sign (non-illuminated)

St Johns Church, 200 Cambridge Heath Road, London, E2 9PA **PA/14/865/SHA**

Changes to the hard landscaping of the east entrance to the church, minor reordering to landscape walls and the addition of new doors and a porch structure to the crypt and church hall entrance

Flat 36, Laleham House, Camlet Street, London, E2 7HE **PA/14/635 & 636/KHA**

Replacement of all windows to flat 36 and internal alterations including creation of an additional bathroom, installation of partition walls, creation of openings within existing walls and installation of gas fire.

Whitechapel Station, 277 Whitechapel Road, London, E1 1BY **PA/14/00849/AADW**

Submission under Schedule 7 of the Crossrail Act 2008 for Plans and Specifications for the Whitechapel Crossrail Station in relation to the mesh screens on the upper concourse.

Widows Son Public House, 75 Devons Road, London, E3 3PJ **PA/14/896/SAE**

Application for change of use of accommodation ancillary to public house to separate self contained residential unit.

Kings Arms Public House, 167 Bow Road, London, E3 2SG **PA/14/1057/SAE**

Two storey rear extension to an existing Guest House (B&B) to provide an additional seven bedrooms

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

6 Schoolbell Mews, London, E3 5BZ **PA/14/894/JTH**

Repositioning of front entrance, erection of a side dormer and external works

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 5th May 2014

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 23

PROPOSED PEDESTRIAN CROSSING WICK LANE, E3

The Council of the London Borough of Tower Hamlets is considering a proposal to provide a Zebra Crossing in Wick Lane, approximately forty metres south of the junction with Riverside Wharf and twenty metres north of the junction with Iceland Road.

A plan showing the layout of the crossing and associated zig-zag carriageway markings can be inspected, by appointment, during normal office hours on Mondays to Fridays inclusive, until Friday 23rd May 2014, at the Town Hall, Mulberry Place, 5 Clove Crescent, E14 1BY, by telephoning 020 7364 6529.

Any representations regarding the crossing should be sent to the address below by Friday 23rd May 2013.

Dated: 6th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – ALIE STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Alie Street for a distance of approximately 50 metres between its junction with Mansell Street and its junction with Leman Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Riglift UK Limited.

The alternative route for vehicular traffic will be via Mansell Street, Whitechapel High Street, Leman Street and Alie Street.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Alie Street between its junction with Mansell Street and its junction the Leman Street will be temporarily suspended.

The restriction on vehicular traffic will operate on the following weekends:

a) Saturday 17th May 2014 from 08:00 hours to 18:00 hours;

b) Sunday 18th May 2014 from 11:00 hours to 18:00 hours;

c) Saturday 24th May 2014 from 08:00 hours to 18:00 hours;

d) Sunday 25th May 2014 from 11:00 hours to 18:00 hours.

These are when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 5th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – YABSLEY STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Yabsley Street (in the westbound direction only) to a point approximately 40 metres from its junction with Prestons Road .

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Telford Homes Plc.

The alternative route for vehicular traffic will be via Yabsley Street, Blackwall Way, Baffin Way and Prestons Road (southbound).

The restriction on vehicular traffic will operate from Monday 12th May 2014 to Tuesday 11th November 2014 excluding weekends from 08:00 hours until 18:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 5th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT UP Projects Ltd has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003

Premises: The Floating Cinema, Docked by Queen Mary University Of London, Mile End Rd, London E1 4NS

The licensable activities and timings are:
Provision Of Plays, Provision of Film, Provision of Live Music, Provision of Recorded Music, Provision of Performance of Dance: 1300 – 1700 and 1900 - 2200
Supply Of Alcohol: 1300 – 1700 and 1900 – 2230 (only to be provided in addition to other activities)

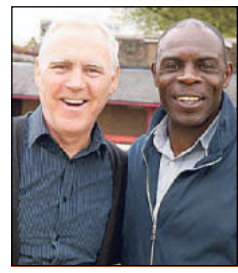
Events will be part of moving tours and will usually occur during our programme (May to October)

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG
Website:
www.towerhamlets.gov.uk Tel: 020 7364 5008

Representations must be received no later than 22 / 05 / 14

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale(£5000)



Ten grand up

Since its formation four years ago the 100% Cockney Club has raised more than £10,000 for charities and good causes.

Sport

THE fourth 100% Cockney Club charity football match was held at the Wapping sports centre on April 27, in aid of the Pilgrims Trust for disabled children. Organisers thanked the players and supporters, including Jeff Jones, photographer Ricky Macgregor, and Theresa and Sal at the White Swan and Cuckoo pub.
A total of £721 was raised.

Edwards knocks on England door

Repton's ABA champ may earn Commonwealth call-up

BY PETER FAULKNER

REPTON'S Charlie Edwards, the new ABA national champion, may have punched his way into the England Commonwealth Games team this summer.

The number 1 seed at 52kg produced three superb displays at the Echo Arena, Liverpool, winning them all on points.

And his final clash with number 2 seed Jack Bateson (Leeds) must have impressed the Games selectors.

The pair, who are both previous national champions at light-flyweight (49kg) and have won bronze medals at the European Championships, spar together at GB Boxing's training facility in Sheffield.

So there wasn't much they didn't know about each other.

Before the contest Edwards said: "We're both getting in there to win. Sparring with Jack has been interesting, I've been working on things and I know what I have to do to."

The preparation paid off for Edwards who won an enthralling battle on points.

Earlier in the competition, he had outpointed and outclassed Shamin Khan (Army) and Blane Hyland (Salisbury).

It was a great night too for Harvey Horn, the youngster who has made a habit of winning titles.

Like Edwards, he had to fight three times over two days, but his class in the 49kg division stood out.

Harvey Horn

In the quarter final he outpointed Gala Yafam (Birmingham) and took a points decision, then in the semi-final he repeated the treatment on Oliver Simpson (Tigers) to gain another points win.

In the final he had too much class for Thomas Essomba (Olympia) and yet again won a clear points decision.

It was not such a good night for Jamie Branch in the 91kg division or Sam McNess, boxing at 69kg.

Branch, who has already proved himself at junior level, had two good wins over Michael Watson (East Durham) and Chez Nihell (Army) in the quarter finals and semis.

In the final Branch, the number 3 seed, faced number 1 seed Warren Baister (Sunderland) and did not disgrace himself in losing on points.

McNess went out at the quarter final stage where he was beaten on a split vote by Chris Webb (Hoddesdon).

No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. To find out more, drop into your local leisure centre or visit...

WWW.GLL.ORG

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Gold for Stepney in cub Olympics

BY PETER FAULKNER

STEPNEY have won the first ever Hub Club crown after a drama-filled final event at Mile End Park and Leisure Centre.

They defeated neighbours Bow in their own mini-Olympics, the Hub Club Games.

Almost 300 young people competed in the Olympic-style event, which featured football, volleyball, badminton and BMX.

The Hub Club scheme is the brainchild of Tower Hamlets Youth Sport Foundation, which set up the programme for 11- to 19-year-olds.

This follows five years of success with the borough's Stepping Stones scheme, which sees thousands of primary school children take part in a wide range of sports outside school.

This spring saw the first phase of the scheme, with activity sessions taking place in eight areas of Tower Hamlets: Bethnal Green, Whitechapel, Wapping, Stepney, Globetown, Bow, Poplar and the Isle of Dogs.

Those same eight areas came together to compete under the watchful eye of the sport foundation's staff at the Games, which have been supported by insurance companies Chaucer and QBE.

The event kicked off with under-17 volleyball, where a keenly-contested boys' event was won by Stepney who beat Bethnal Green in the final. The girls' volleyball gold was taken by Bow, whose players were mainly drawn from Central Foundation School.

Meanwhile, the boys under-17 football was hotly contested, with an experienced Stepney team – who featured a mix of Stepney Green and Sir John Cass students – edge out Poplar for the gold medal.

Adrian Lewis took the BMX gold for Stepney, with Tahira Begum (Stepney) and Miriam Guenem (Bow) finishing second and third respectively.

The afternoon saw Wapping edge out Stepney to win the girls under-17 football event, while a high level of badminton drew the crowds back into the sports hall. Eventually a Bethnal Green team littered with Middlesex County starlets saw off a strong challenge from Whitechapel.

While Wapping, Bethnal Green and Whitechapel finished joint third, Bow and Stepney's consistent performances across all events saw them vying for the overall crown until the last event, but Stepney's superior placing in the badminton saw them take the first ever Hub Club title.

Like the Stepping Stones programme, Hub Clubs are led by young people for young people and congratulations go to the Stepney team organisers Jakir Hussain and Selysia Lewis.

All matches were keenly contested and the sport foundation now looks forward to a summer event in August which will feature new sports and activities.

Anyone interested in taking part in the Hub Club , either as a competitor, coach or volunteer, can email THYSF club & community manager David Molloy on **dmolloy.thysf@gmail.com** or call 07789 265953.

(Left) Young BMX competitors line-up before the race in Mile End Park; (above) Stepney captains Shazidur Rahman and Sally Ali, with organisers Jakir Hussain and Selysia Lewis

Soccer round-up

TOWER Hamlets ended their season with a defeat and a win, both away from home.

And manager A J Olatunbosun used the final game to give youth a chance.

He played nine youngsters for the match at Stansted and they repaid with a fine 3-0 victory.

Tower Hamlets looked more composed and relaxed but Stansted, to their credit, kept the forwards at bay until half-time.

After the interval though it was a completely different story as Patrick Hoy set up Luke With for the first goal. As Stansted pressed for an equaliser, leaving themselves exposed at the back, Wade Forster's clearance went straight to Lee McKnight to score number two.

Not long after McKnight showed why the manager gave him his chance by showing fine skill on the left before setting up Abdi for the third goal.

Three days before that, the team travelled to Haringey Borough and suffered a 3-0 defeat against the side who finished title runners-up.

SPORTING Bengal United were three goals up against third-placed Enfield 1893, but lost out in a seven-goal thriller.

Enfield played with defender Wesley Borghys in goal for the full 90 minutes, went down to ten men after 40 minutes and were 3-0 down after 48 minutes.

But Sporting Bengal had no idea what was in store after they went three goals ahead.

Bobby Redwood and Prince Pippin put Bengal 2-0 up by half-time at Goldsdown Road and Pippin scored a third three minutes after the interval.

But Enfield's Joe Bricknell scored twice in three minutes before completing his hat-trick to bring the match level.

Eight minutes from time Billy Jones hit a dramatic winner and Sporting Bengal were left to reflect on a victory they should not have let slip from their grasp.

Basketball

LONDON Lions now know that next season they have got to improve their form at the Copper Box Arena, Stratford.

On Friday, April 25, they crashed to their sixth home defeat in their last seven games, losing 92-78 to Worcester Wolves in the first leg of the play-off quarter final.

And that 14-point deficit was to be their undoing when they travelled to Worcester again on the Sunday afternoon.

Wolves came through a gruelling match with a big advantage, despite London Lions' brave fightback.

The Wolves finish the season with six wins in their last seven, falling just short of the title, while the Lions ended with five straight defeats and only one win in their last six home games.

When they met in the second leg, the Lions roared back to life with an 88-86 victory way from home, but that first leg deficit was too much to make up.

Touch rugby

MILLWALL Rugby Club has started Monday night touch rugby sessions with Scott Vinnicombe, replacing the club's mixed fitness training sessions.

They begin at 7pm during the summer and are in addition to the Sunday sessions which run all year round.

To encourage others to go along and confirm an interest in playing, the club encourages people to 'like' their Facebook page and to leave a comment to say you'll be appearing.

Running

SWIMMING instructor **Lesley Green** has already put her name down for the London Marathon next year – within hours of completing this year's course.

Lesley (pictured), who ran to raise money so that Joshua Haroon, who suffers from cerebral palsy, could have specialist treatment, has already set herself a target: to beat the 4 hour, 30 minute barrier.

"This year I did the race in 4hrs, 32mins and 32secs and that time is three minutes faster

than when I did the Marathon in 2011," said Lesley, who runs swimming classes at Sir John Cass Secondary School in Stepney, and at Stebon Primary School in Bow.

Joshua is a pupil at Stephen Hawking Special School in Limehouse and Lesley expects to raise around £300 for his treatment.

You can still make donations to Lesley's fund by going to **www.mydonate.bt.com/fundraisers/lesleygreen**

More inside

For stories on rugby, football, basketball and boxing turn to...

PAGES 26 & 27

On the trophy trail

As East End Life went to press FC Hamlets were due to play Peerscroft in the final of the London Cup at Corinthian Casuals' Surrey ground for the first leg in their mutliple trophy bid.

SEE BELOW

TOWER HAMLETS
eastendsport
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Hamlets chase the quintuple

BY PETER FAULKNER

FC HAMLETS will this week begin trying to carve their name into the history books.

So far this season they have dominated cup competitions – reaching no less than four cup finals.

And they are also favourites to win the Essex Businesses Houses league title.

They beat Glendale 2-0 to reach the final of the East Ham Memorial Cup.

Then on Saturday, April 26, they defeated Rainham Working Men's Club 3-1 away to reach the final of the Syd Morrell trophy.

That was the fourth final they have booked this season and as East End Life went to press they were due to play Peerscroft in the final of the London Cup at Corinthian Casuals' Surrey ground for the first leg in their historical trophy sweep.

They will be playing May & Baker in the Premier final at the Dagenham and Redbridge, Victoria Road ground; and on Sunday, May 11 they meet Vittoriosa Falcons in the East Ham Memorial Cup final at Newton Wesley FC's ground, Barkingside.

If they do manage to win everything, they would certainly have done something out of the ordinary and created a piece of local football history.

The Glendale match was their third in six days, but the players showed little sign of fatigue.

The game started well with both sides looking dangerous, but Hamlets goalkeeper Nick Pyne was having an outstanding game and he kept Glendale out.

Hamlets created a few chances of their own in the first half but could not find the net, and the first half ended goalless.

Lawrence With replaced injured Kevin Baudrier in the second half and, although the east Londoners pushed for a goal, they were still unable to score.

A close range save from Pyne prevented Glendale from going ahead, but in the 65th minute George Oakley picked out Jamie Lottrie who found the back of the net with a 25-yard strike.

Hamlets continued to create chances and in the 82nd minute Oakley turned provider as he swung in a free kick for With to make it 2-0 and wrap up another final.

Man of the match was Nick Pyne who gave a terrific performance.

Next on FC Hamlets' agenda was the trip to Rainham Working Men's Club.

The east Londoners won 3-1, but suffered an early shock as RWMC took the lead after 15 minutes.

But on the half-hour a pass from John Gilroy found manager Ashley J King and he calmly stroked the ball through the goalkeeper's legs.

FC Hamlets were now in control and two minutes later a brilliant pass by George Oakley found Ashaak Siddick who made it 2-1 to give FC Hamlets a half-time edge.

In the 70th minute another final was booked when Gilroy's pass found Lawrence With who finished superbly.

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The best of what's on

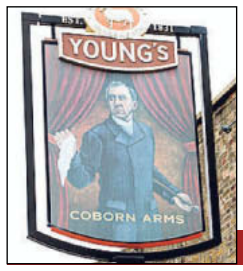
Our out and about guide is full of ideas for this month

SEE PAGES 2 & 3

Win tickets to Stratford East

Stars shine in the cast of Fings Ain't Wot They Used T'Be

SEE PAGE 6



Simple fare at a great price

Our reviewer samples pub grub at Bow's Coborn Arms

SEE PAGE 7

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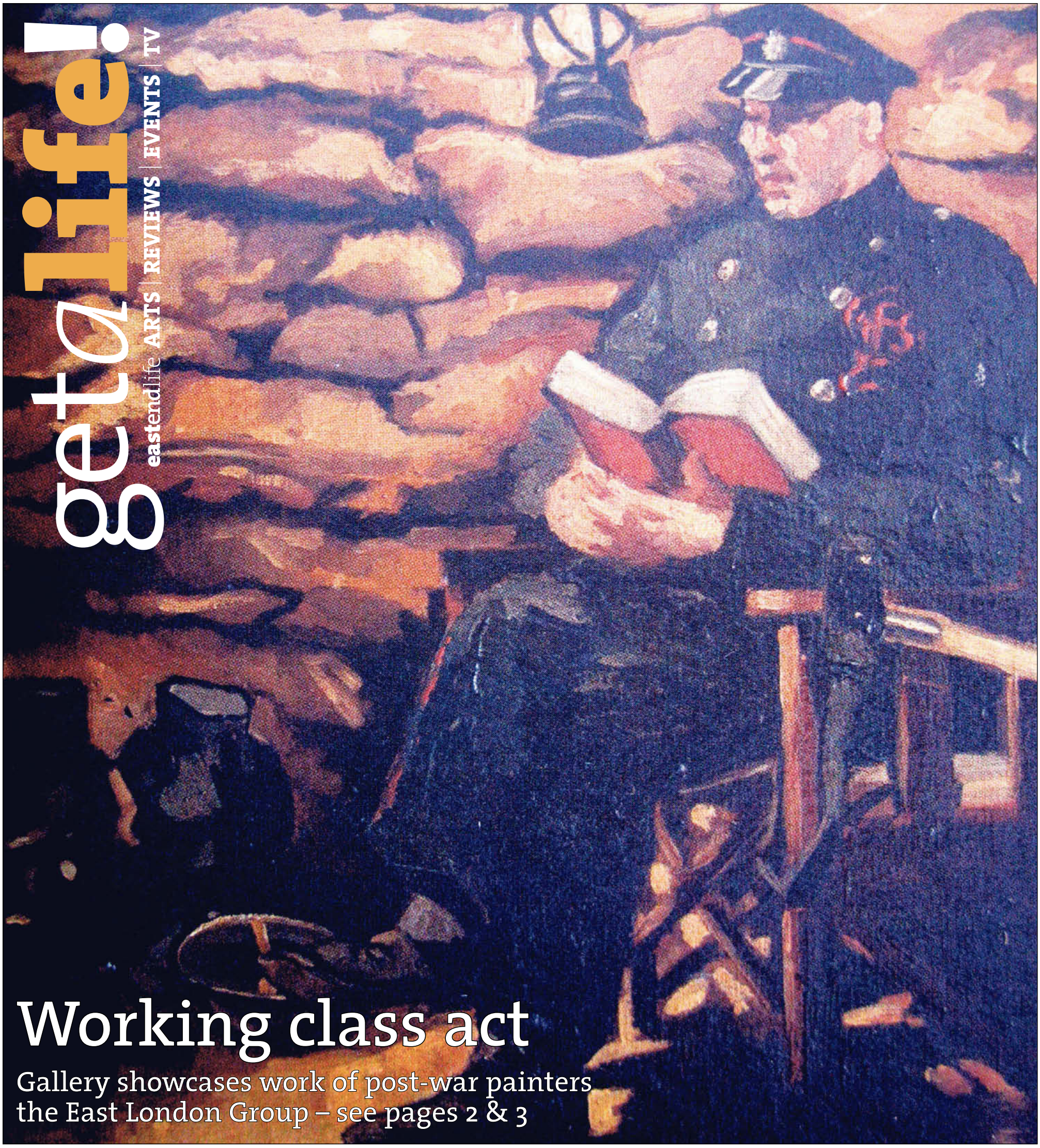

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Working class act

Gallery showcases work of post-war painters the East London Group – see pages 2 & 3

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Unit C, St James Centre, East Road, Harlow CM20 2SX (Behind the Range)

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EASY PARKING

Fine artists in the East End

The East London Group flourished in the 1920s and 1930s, and included artists such as Walter Steggles, Elwin Hawthorn and Walter Sickert.

SEE BELOW

Out & about

Cinema

Genesis Cinema – 15th Birthday Palooza

Genesis opened its doors in May 1999, and to celebrate 15 years of independent cinema, it is staging seven days of free films and throwing in a few parties. May 10 & 11 will see kids entertained with face painting, a bouncy castle and more. On May 9 Genesis celebrates in style with a birthday cocktail party and DJ till late (free entry).
Mon-Sun, May 5-11.
Genesis Cinema,
93-95 Mile End Road,
Whitechapel, E1.
7780 2000
www.genesiscinema.co.uk

Comedy

Knock2Bag

Mixed bill of established and fresh talent. Limited seating provided on first come, first served basis, then standing room only. £12, £8.
Sat, May 24. 7.30pm.
Rich Mix,
35-47 Bethnal Green Road, E1.
7613 7498
www.richmix.org.uk

Events

Food 4 All

Join the community park rangers to taste different dishes from around the world.
Sat, May 17. 1-4pm.
The Hub Building,
Area D5, Victoria Park.
www.towerhamlets.gov.uk/VictoriaPark

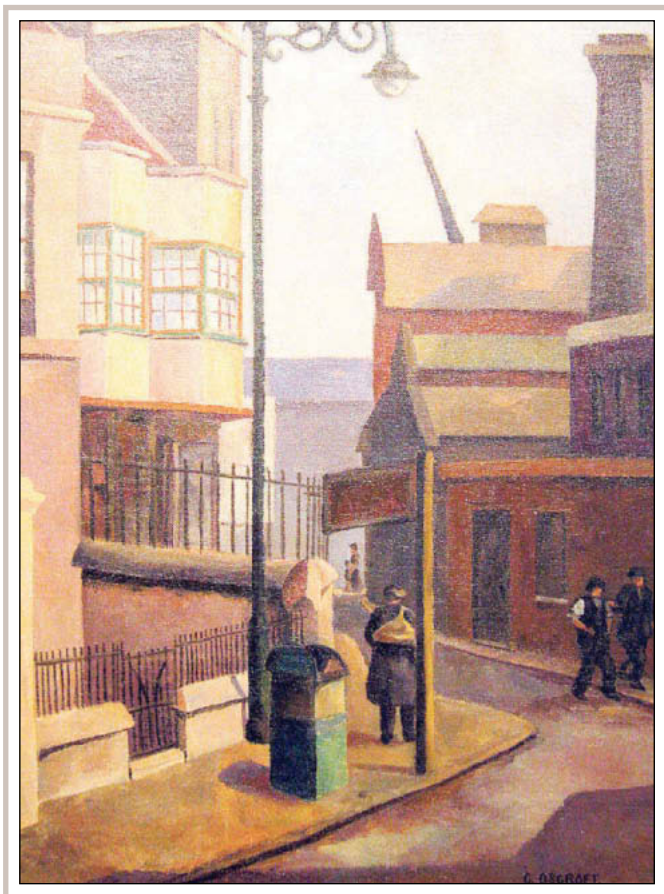
The Spring Haze Unfined Beer Festival

Celebrate Whit bank holiday weekend with more than 30 cask and keg brews from brewers including the Moor Beer, Gyle 59, Clarkshaws, The Kernel and Hell Hound Brewery, as well as the Homage To Fromage cheeseboard. Free.
Fri-Mon, May 23-26.
The Gun, 27 Coldharbour, E14.
7515 5222
www.thegundocklands.com

Exhibitions

Between the Lines

A group exhibition that connects the work of five artists – Ana Catarina Pereira, Hormazd Narielwalla, Matthew Spencer, Molly Goldwater & Peter Matyasi. Each explore the potential of the line through construction and deconstruction and explore its connection to space.
Until Jun 12. Mon-Fri 10am-6pm, Sat 12-5pm, Sun by appointment.
The DegreeArt.com Gallery,
12a Vyner Street, E2.
8980 0395
www.degreeart.com



Old Houses, Grace Oscroft, 1934

By the banks of the River Lea

Exhibition of woven textiles by Ali Holloway who, in autumn 2013, walked the length of the River Lea from its source in Bedfordshire to where it joins the River Thames at Leamouth. Documenting her experience with photographs, drawings and a blog, she has used woven cloth to recall the colours, textures, moods and rhythm of the walk. Free.
Until Sun, May 11. 11am-4pm daily (except May 5&6).
The House Mill Gallery,
Three Mill Lane, E3.
www.housemill.org.uk

Chris Marker

First UK retrospective of the French film maker, photographer, writer and multimedia artist, widely acknowledged as the finest exponent of the 'essay film'. Highlights include all five of Marker's multi-media installations shown together for the first time, rarely seen photographs and a newly remastered edition of the 1963 film Le Joli Mai (The Merry Month of May). Free.
Until Jun 22. Tues-Sun, 11am-6pm; Thurs, 11am-9pm.
Whitechapel Gallery,
77-82 Whitechapel High Street, E1.
7522 7888
whitechapelgallery.org

Scale Appropriate: Sculpture by Michael Lyons

Working predominantly in metals, Lyons' work includes mythological themes, the influence of works of art from ancient cultures, landscape and the forces of nature. Free.
Until Fri, May 23. Daily.
Lobby, One Canada Square & Jubilee Park, Canary Wharf, E14.

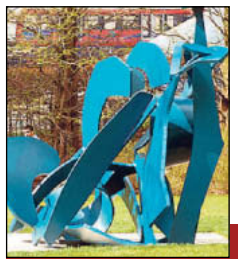
Christina Broom

Pictures taken by the UK's first female press photographer, including a World War I image of Rudyard Kipling's son, Jack,

First lady of the press corp

Christina Broom was the UK's first female press photographer. She was appointed official photographer to the Household Division from 1904-1939 and had a darkroom in the Chelsea Barracks.

SEE BELOW



Lyrical work

Sculptor Michael Lyons also writes poetry which helps develop his work.

SEE BELOW

Intimate portraits of East End past

BY RUSSELL COTMAN

A GROUP of working class East End artists who flourished during the inter-war years is celebrated in a new exhibition at the Nunnery Gallery.

Collectively known as the East London Group of Artists, they received extensive coverage and recognition in art magazines and periodicals in London as well as in provincial and international press. Yet today they are largely forgotten.

Members included artists trained at the Slade School of Fine Art such as John Cooper, Phyllis Bray and William Coldstream.

Leading the group, Cooper inspired and mentored members who were not formally trained. Walter Sickert, another mentor and prominent member, also taught working artists in Bow.

The group have been exhibited alongside highly regarded artists such as John and Paul Nash, Graham Sutherland and Vanessa Bell as well as Impressionist artists Degas, Gauguin, Cezanne and Picasso. Works have been shown in Whitechapel Gallery, The Tate and Lefevre Galleries.

Towards the end of their time, two of the artists Elwin Hawthorne and Walter Steggles achieved the ultimate artistic acclaim by representing Great Britain at the 1936 Venice Biennale.

Gathered from around the country, this is a rare opportunity to see original works, exhibition catalogues, press clippings and sketchbooks on loan from private collections, museums and government archives, revealing forgotten memories and stories.

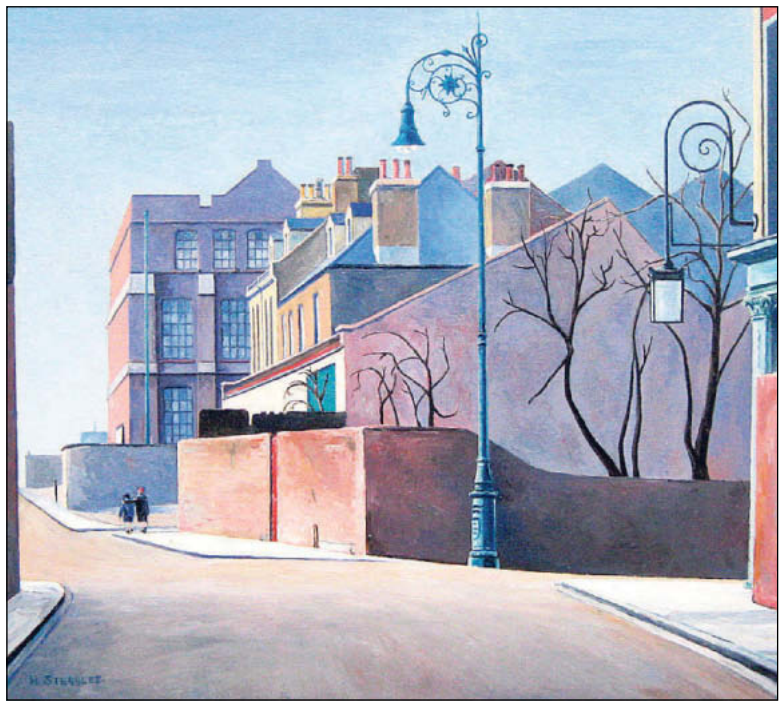
Michael Regan, associate curator of the exhibition, said: "The East London group gave us a body of work which not only stands the test of time but reveals an intimate portrait of the East End."

Gallery director Rosamond Murdoch added: "We're excited to show work that reveals an important part of east London history.

"Many of the scenes depicted are a stone's throw away from the gallery and reveal the changing landscape and history of east London; from interiors and streetscapes to industrial scenes and East End figures.

"The show also includes scenes or buildings that no longer exist or were destroyed during the war. It's a chance to delve into our local history."

The East London Group of Artists From Bow to Biennale c. 1928-1936 runs from May 9-July 13 and is open Tuesday to Sunday, 10am-5pm, at The Nunnery, 181 Bow Road, E3.



Old Ford Rd, Harold Steggles

who, was killed in action in the Battle of Loos in 1915. Free.
Until Sept 28. Daily, 10am-6pm.
Museum of London, 150 London Wall, EC2.

Artists' Film International
Three films from Belgrade, Istanbul and Mumbai, exploring how conflict has become part of the fabric of every day life, the rise of neo-liberalism and the relationship between humans and nature. Free.
Until Jun 22.
Whitechapel Gallery, 77-82 Whitechapel High Street, E1.
www.whitechapelgallery.org

House Clearance
Drawings by Fay Ballard, daughter of author J G Ballard, exploring bereavement and the physical 'stuff' left behind by departed relatives. Created since her father's death in 2009.
Until Jun 27. Mon-Fri 12-6pm, Sat-Sun by appointment only.
Eleven Spitalfields Gallery, 11 Princelet Street, E1.
7247 1816

How To Work Together – Céline Condorelli
First solo exhibition in the capital by the London-based artist exploring how relationships are articulated by things that surround us. Free.
Until Jun 22. Weds-Sun, 1-6pm.
Chisenhale Gallery, 64 Chisenhale Road, E3.
8981 4518
www.chisenhale.org.uk

Music

Victoria Park Friends Group Bandstand Season
Second summer season starts with two events in May.
Bongo Barney's Bandstand Barnstormer with stalls promoting local services such as St Joseph's Hospice.
Bring a blanket, a picnic and your dancing shoes!
Sun, May 18. 2-6pm.

The Big Noise Festival raises funds for the Big Issue Foundation and includes music, face painting, competitions, raffles. Featuring King of Hearts, Cable Street Collective, Ceaser, Ziegler Co, The Rope & The Colt, Craig White, Sample Answer, Little Liar and Abbey Bowden.
Sun, May 25. 12-7pm.
Victoria Park, Grove Road E9.
www.bignoisefestival.com

Theatre

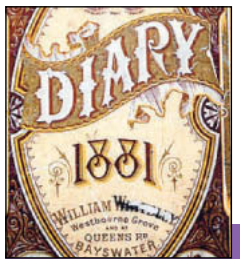
Hamlyn
Play by Spanish playwright Juan Mayorga, translated into English by David Johnston based the tale of the Pied Piper. A powerful man is accused of an amoral relationship with a young boy from a disadvantaged family. Is he guilty or simply a kindly benefactor? £14/£10.
Until May 9 (excluding Suns & Mons). 7.30pm.
The Space, 269 Westferry Road, E14.
7515 7799
www.space.org.uk

A Roo in My Suitcase
When Rosie arrives in the UK from Down Under, she feels down in the dumps as it is so cold and rainy. But when she opens her suitcase to find her favourite notebook to write about her journey, she discovers it is full of stowaways.
One by one, a friendly collection of Australian animals leap into her arms to make her feel at home. For ages 3-7.
May 14. 10.30am.
Half Moon, 43 White Horse Road, E1.
7709 8900
www.halfmoon.org.uk

Musical star

EastEnders star Jessie Wallace stars in Theatre Royal's new musical.

SEE PAGE 6



Glimpse into a private world

The stories in the Great Diary Project give a glimpse into children's private worlds, often enigmatic, but imaginatively rich, providing a way of hearing these almost-lost voices from history.

SEE BELOW

Get a Life!

Dance

Argentinian tango E14
Class. Sat 2-5pm. £5.
St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American
Fri, 2-4pm, £2.50, 20p refreshments.
Kingsley Hall, Powis Road, E3.
8550 1392

Belly dancing
Beginners' belly dancing classes. Sats, 2-3pm, £6.
Oxford House, Derbyshire Street, E2.
07796 850506

Brazilian dance aerobic classes
Weds 9-10am & Thurs, 1-2pm. Free.
Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Energize4Girlz
South African gumboot dancing. Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Green Candle Senior Dance
Over-60s, no experience is necessary. Tues, 10.30am-12.30pm, one free taster session.
Oxford House, Derbyshire Street, E2.
7739 7722

Salsa
Classes followed by dancing until midnight. Prices vary.
Every Tues & Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Zumba Fitness classes
Open to all adults. Every Thursday from 7-8pm.
Glamis Residents' Hall, 414 Cable Street, E1.
07946 483246
ilona.charles@hotmail.co.uk

Zumba classes
Every Tues 11.15am-12.15pm. £1.
St Matthias Community Centre, 113 Poplar High St, E14.
7515 8362

Kids

Ballet
Classes every Thurs – ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4.
Alpha Grove Centre, Isle of Dogs, E14.
7538 1714

Deaf after school club
For ages 5-12. Mon-Fri, 4-6pm.
Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes
For ages 2-11 on Sat mornings. £44-49.50 per term or £4.50/£5 per term, plus concessions.
Chisenhale Dance Space, 64-84 Chisenhale Road, E3
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre
Drama and musical theatre for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time
Thurs, 2-3 pm.
Watney Market Idea Store, 30-32 Watney Market, E1.
7790 4039

Young & talented?
Performing arts group for 6- to 16-year olds. Sats, 10.30am-1.30pm, term-time.
Oxford House, Derbyshire Street, E2.
8556 5348

Music

Creative Unity steel band
Steel pan classes Thurs, 6.30-8.30pm.
St Matthias Community Centre, 113 Poplar High Street, E14.
07808 847974

Parent & child

Dance play
Dance and movement for parents/carers and their children aged 1-4.
Weds, 10-11am. £3.50/class or £2/class if paid termly.
Language of Dance, Oxford House, Derbyshire Street, E2.
7749 1131

Island Tots
For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time.
55 Club, Samuda Estate, Stewart Street, E14.
7538 3292

Toyhouse library
Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1.
1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1.
9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies
Pregnancy class from 14 weeks. Mums and babies classes from six weeks until baby is crawling.
07958 645978
www.clareday-yoga.co.uk

Dance play
Dance and movement for parents/carers and their children aged 1-4. Weds, 10-11am. £3.50/class or £2/class if paid termly.
Language of Dance, Oxford House, Derbyshire Street, E2.
7749 1131

THE diaries of children and teenagers written at key moments in history are the subject of a new exhibition at the V&A Museum of Childhood.
The Great Diary Project, on public display for the first time, has accounts dating from 1813 to 1996 which demonstrate dramatic changes in the experience of childhood.
The majority of the documents come from The Great Diary Project archive, which collects personal diaries for future research and as an invaluable source of social history.
Laura Barnicoat, researcher for the project, said: "The children's diaries from the collection reveal another world through the smallest details. Ideas and stories are suggested, offering a glimpse into a child's life from another era of formal tea parties, curious games and changing fashions."
It began in 2011 with the private collection of historian Irving Finkel, who has been rescuing diaries for years and storing them in his office at the British Museum.
Soon to be based officially at Bishopsgate Institute, the project will accept donations of diaries from all over the country.
The display at the V&A Museum of Childhood focusses on children's diaries and includes tales of bed bugs and leeching at boarding school during the Napoleonic Wars, the pop culture of early twentieth century American Scout diaries, as well as coded accounts of wild teenage behaviour during the Blitz.
Although fragmented, the stories focus on key moments in 20th century history, and show great shifts in attitudes over time, from the pre-Victorian children's acceptance of being flogged at school, to existentialist despair in the classroom of the 1990s.
The Great Diary Project opens at the museum in Cambridge Heath Road, Bethnal Green on Saturday, May 17 and runs until October 12. Admission is free and is open daily from 10am-5.45pm. Call 8983 5200 or visit www.museumofchildhood.org.uk for more details.

WOMEN at the heart of the local community
The Arbour

Department for Communities and Local Government

This project is supported by the European fund for the Integration of Third Country Nationals

Connecting Mums
our children • our community • our future

We are a local service for newly migrant mothers, run by migrant women. We celebrate motherhood and want to see all our children have a happy, healthy future!
We offer **free** family sessions and activities for mothers of children under 5 years old, who don't have a UK or EU passport and are working towards settling in the UK.
Contact Project Lead Effie Makepeace: effie@thearbour.org.uk

Our New Intensive 6 wee
Free English classes
Support to engage with
A chance to share ideas
Free, fun, developmenta
and activities
The whole course is built so th
can learn together so no need

Tried for high treason and beheaded

Anne Boleyn was Queen of England from 1533 to 1536, the second wife of King Henry VIII. Falling from the king's favour, she was tried for high treason and beheaded.

SEE BELOW

Get in for a quid

Residents can visit the Tower of London for £1 with an Idea Store or leisure card with proof of address.

WWW.HRP.ORG.UK

Get a Life!

Social

3 Bees Café
Healthy vegetarian and fish dish, served for just £3, takeaways available.
Tuesdays, 4-8pm.
Kingsley Hall Community Centre, Powis Road, E3.
07501 468 193

Asian deaf/hard of hearing people drop-in times
Tues, 10am-1pm, free.
Trinity Centre, Key Close, E1.
7790 8478
minicom 7791 0105

Birchfield OAPs club
Mon-Fri, 7-9.30pm; Weds, 1-4pm
50 Saltwell Street, E14.

Fern Street Settlement Club
Fern Street, E3.
7987 1949

Golden Ladies
Pensioners group for bingo and social. Weds, 2-4pm.
Isle of Dogs Bowls Club, Millwall Park, E14.
7987 6824

Little Spitz' under-5s playgroup
Sun, 10am-12pm, 50p.
Tours and stories.
Spitalfields City Farm, Buxton Street, E1.
7247 8762

Tower Hamlets U3A
Tower Hamlets University of the Third Age offer courses for over-50s to learn T'ai Chi, jazz appreciation, art appreciation, history walking and more. £7.50 yearly membership.
Various days and times.
St Margaret's House Settlement, 21 Old Ford Road, E2.
7247 4283

Take 'em to the Tower!

The Tower of London is getting into full swing for the tourist season this month with a collection of fascinating and fun events.

Anne Boleyn's story is featured at events at the Tower

Constable's Dues
Watch the German naval ship Neidersachsen take part in the colourful annual event, which can be traced back to the 14th century and is related to the Crown's authority over the City of London. During the Middle Ages, successive kings believed it was their right to extract tolls from vessels on the Thames.
On the King's behalf, the Constable of the Tower was empowered to demand the tolls as a perquisite of his office.
The ancient ritual will begin with the ship's company arriving at the Tower's West Gate, where they will be challenged for entry by the Yeoman Gaoler armed with his axe. The captain and his shore party will then march through the Tower to Tower Green, accompanied by Beefeaters and a Corps of Drums, to deliver the dues.
May 23, 12 noon.

Tudors at the Tower
It's 1533 and Anne Boleyn and Henry VIII are at the Tower celebrating Anne's upcoming coronation. Join in the joyful festivities and meet the happy royal couple.
Immerse yourself in a living Tudor world and take part in the Hands on History zone with crafts, cooking, dancing, music and a knight school. Plus, explore an exciting pop-up digital space in the Tower moat where you will be surrounded by 360 degree projections.
May 24-26

Both events are included as part of a Tower of London ticket.
For more information visit www.hrp.org.uk

Later events include Anne Boleyn: her life in the shadow of the Tower on May 27, 6.30-8pm and Knight School, May 31-Jun 1 and throughout June.

Keep fit

Coaching for juniors
Badminton & volleyball.
Ages 9-16, all levels welcome. £1. Sats, 12-2pm. Handball for ages 9-16. £1.Sats 2-3.30pm.
Bethnal Green Academy Sports Centre, Gosset Street, E2.
7920 7937

Keep fit
Weds, 11.45am-12.45pm. St Hilda's East Community Centre, 18 Club Row, E2.
7739 8066

Personal training
Get fit, lose fat, tone muscles.
Unit 1, Simon House, Limehouse Studio, 566 Cable Street, E1W.
07900 216005

Seniors exercise
Mons, 1.30pm, line dancing; Tues, 10.45am, workout.
London Dockers Club, 6 Boulcott Street, E1.
7790 3785

Step 'n' tone
Tues, 7pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Taekwondo
Beginners welcome. Adults & juniors. Tues 6.30-8pm and Sun 1-3pm at Langdon Park Sports Centre, Byron Street, E1.
8310 1469

ek programme offers:

positive activities
s with other mothers
ally friendly outings

hat mums and children
to arrange child care!

Intensive 6 week course
enrolling now!
Call 020 7780 3112
to register with a group near you!

Together we can improve opportunities and raise aspirations for new families in Tower Hamlets

Bart's Fings

Lionel Bart wrote the music and lyrics of Fings Ain't Wot They Used T'be.

You've got to be in it to win it...

To enter the competitions below, send your name, address and phone number on a postcard, with the right answer, to: East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar E14 2BG by the deadlines or

EMAIL EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Reader offers

Pilates is good for people with desk jobs

Inside the Boutique Beauty studio

Fitness revolution

READER OFFER

THERE'S a fitness revolution going on in the borough as an Isle of Dogs fitness and beauty studio is offering residents the chance to take part in classes without having to take out membership, sign a contract or pay a joining fee.

Fitness organisation Boutique Beauty in Westferry Road offers a variety of fitness and dance classes for children and adults alike.

The company recommends pilates classes for people who are sat at a desk all day and can feel their shoulders rounding and their body slouching.

The studio also runs yogalates – a combination of pilates and yoga which gets participants working on their flexibility. The studio operates running clubs for people ranging from absolute beginners to those who want a more challenging run.

There is an outdoor bootcamp on Saturday mornings, which features boxing, strength training and endurance work.

And for those who want to dance their way to fitness, the studio runs belly dance, street dance, ballet boot camp, Latin and Irish dance classes.

For children, there are junior and toddler ballet classes, which teach basic ballet moves, how to put routines together as well as good posture.

The hip-hop dance class includes a warm-up session followed by stretching, dancing, learning new moves and practising what has been learnt.

All classes must be pre-booked.

For further information visit **www.boutiquebeautypilatesanddance.co.uk**, email **info@fitability.co.uk** or call 7531 7461.

EAST End Life and Boutique Beauty are giving five readers a chance to take part in one free dance or fitness session of their choice.

To enter the prize draw, answer the question below and send your answer to the postal address above, or email putting 'fitness session' in the subject line.

Entries must include your full name, age, address and telephone number and must arrive by 5pm on May 12. Only one entry per household.

Q: What is YOGALATES a combination of?

Stars' fifties Fings

EASTENDERS star Jessie Wallace and musician turned actor Gary Kemp star in Theatre Royal Stratford's new musical.

Fings Aint Wot They Used T'Be is set in a 1950s underworld of gamblers, spivs, prostitutes and Teddy boys.

Written by ex-convict Frank Norman, and with a score by Lionel Bart, Fings tells the tale of Fred, a loveable rogue, who comes out of prison to find he is no longer king of the manor.

Starring as Lil, the Alpha Female of Fings, Wallace has a special affection for the show.

"I've always loved Fings," she said.

"Members of my family saw it when it was first produced and it seems to me that I've grown up with its songs around me. It's refreshing to do something else – something that I know so well and to work at this theatre for the first time and to be directed by somebody of Terry Johnson's stature, it doesn't get much better than that."

The show runs from Thursday, May 8 to June 8 at Theatre Royal Stratford East, Gerry Raffles Square, E15.

Tickets range from £7-£38 from **www.stratfordeast.com** or 8534 0310.

EAST End Life has two tickets and a programme to give away for the May 13 show.

To enter, send your name, address and phone number to Fings Ain't Wot They Used T'Be competition to the address above by Wednesday, May 7.

Penny's picks are As Good As Meat

Vegetarian blogger Penny Wilson's kids have never eaten meat and have no desire to. "We don't much care what other people eat, so long as we are left to enjoy our food," she says.

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

Everything you wish for in good pub grub

BY GORDON BLUE

ON one of our 'get-it-whilst-you-can' sunny days, The Coborn Arms in Bow enticed us in with a clinking of glasses on the outside benches and a friendly welcome inside.

I feel a little sorry for this pub, having to compete with the gastro-ness of The Morgan Arms and the Lord Tredegar, but this is the choice for you if you're after a good value fuel stop, with friendly service and pleasant surroundings.

The interiors feel fresh, with an attention to detail exemplified in flowers on tables and community notices.

We felt at home immediately and could picture this as a great little neighbourhood boozer. They even have a book loan scheme where you can borrow books left in nooks and crannies and bring them back or bring in your own for others.

There's something rather lovely about that and encourages community spirit.

The menu was simple but with something for everyone. No fuss in the form of jus or froths but more of a home cooking feel. I had smoked haddock with buttery mash and a pile of spinach leaves.

The piece de resistance was the perfectly poached egg on top.

I don't think the hollandaise sauce was homemade but the dish was comforting and warming and everything I wished for.

The Coborn Arms serves simple, British fare at very reasonable prices

My dining partner had beer-battered haddock and chips in all its crispy glory, served alongside garden peas and a tartare sauce. Washed down with a pint of cider on a clear spring day, he was in heaven.

Even though we were sated, we soldiered on and delighted in both the chocolate and sticky toffee puddings. Oozing middles twinned with moist sponges hit the bulls eye and the ice-cream and custard only helped our pleasure reach dizzying heights.

This is a great little find and I'll be back to make the ultimate test of Sunday lunch. Simple, British fare at very reasonable prices. Two ate generous mains and puddings, washed down with a large pinot and a cider for just over £40.

Service was swift, friendly and informed throughout. If you're in a hurry, you could easily squeeze in a lunch hour fillip here and I would heartily recommend you do so.

The Coborn Arms is at 8 Coborn Road, E3. Tel: 8980 3793.

Gone to seed...

SOUTHERN Grove community centre is planning a whole series of events in the Mile End area.

May is the perfect month for planting sunflower seeds and this year we are getting together to plant rows of them all along walls and fences in the spare bits of open space around our homes.

By the end of the summer, if we care for them and there are no disasters, we will have a forest of sunflowers transforming our homes.

While we are all out planting these little striped seeds, we will also be serving homemade lemonade and shelled sunflower seed treats.

These toasted sunflower seeds are one of our very favourite things at our community meals in Southern Grove. We eat them as a snack, mixed in with salads or as an addition to a meal. However they are served they are tasty, and good for you and very moreish.

You can use pumpkin seeds as well and some nuts, such as almonds or hazelnuts, also work with this recipe. Look out for special deals in health food shops, sometimes you can get a bag of shelled sunflower seeds and, for an extra penny, buy another bag. This makes this recipe an affordable one.

You will love them. Happy sunflower season.

Toasted sunflower seeds

Ingredients

500g shelled sunflower seeds
1 tbsp soy sauce
Greaseproof paper

Method

1. Cover the base of a frying pan in shelled sunflower seeds and place on a low heat.
2. Allow the seeds to toast, stir often to prevent burning.
3. There is a lovely nutty smell when they are just beginning to brown. When they reach this stage, add the soy sauce and stir until they are coated.
4. Return to heat and keep stirring. The seeds and sauce start by being gloopy but the soy sauce will cook in and they will unstick.
5. Take them off the heat, turn onto a sheet of greaseproof paper, wriggle them around so they don't stick.
6. Allow to cool before serving to save your mouth being burnt!

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St George's Day fun

Music and merriment for our patron saint

SEE PAGES 6 & 7

Down on the waterfront

Meet the volunteers who keep canal traffic flowing

SEE PAGES 14 & 15

Places to go things to see

Find out what's on in the borough this month

SEE GET A LIFE INSIDE

ISSUE 1008 5 - 11 MAY 2014

WWW.TOWERHAMLETS.GOV.UK

TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Don't forget to vote!

Elections on Thursday, 22 May 2014

1 **European Parliamentary election –**
to elect 8 members to the European Parliament to represent London: **www.londoneuroelections.org.uk**

2 **Mayor of Tower Hamlets election –**
to elect a Mayor of Tower Hamlets for the next four years. Visit **www.towerhamlets.gov.uk/vote**

3 **Local council elections –**
to elect 45 councillors to represent 20 wards. Visit **www.towerhamlets.gov.uk/vote**

Official poll card

Every registered elector in Tower Hamlets should have received an official poll card. The poll card will show when, where and how to vote.

The online polling station finder will help you find your nearest polling station. Go to www.towerhamlets.gov.uk/vote or call the Electoral Services helpline on 020 7364 0872.

Election process

Tower Hamlets has been working closely with the Police and Electoral Commission to ensure the integrity of the election process in Tower Hamlets. If you have any concerns about possible electoral fraud, please report them to **vote@towerhamlets.gov.uk.**

Statement of persons nominated

Election of the Mayor for Tower Hamlets

BANERJI, Reetendra Nath *(Liberal Democrat)*
BIGGS, John *(The Labour Party Candidate)*
CHOUDHURY, Reza Shoaib *(Independent)*
KADIR, Hafiz Abdul *(Independent)*
KHAN, Mohammed Kowaj Ali *(Independent)*
MCQUEEN, Nicholas *(UK Independence Party - UKIP)*
PIERRE, Hugo *(Trade Unionist and Socialist Coalition)*
RAHMAN, Lutfur *(Tower Hamlets First)*
SMITH, Chris *(Green Party)*
WILFORD, Christopher *(The Conservative Party Candidate)*

Candidate party key

CON	Conservative Party
GRN	Green Party
IND	Independent
LAB	Labour Party
LD	Liberal Democrat
PP	The Peace Party
RFAC	Red Flag Anti-Corruption
THF	Tower Hamlets First
TUSC	Trade Unionist and Socialist Coalition
UKIP	UK Independence Party

Election of borough councillors by ward

Bethnal Green
3 Councillors to be elected
CHOWDHURY, Babu *(THF)*
GIBBS, Amy Whitelock *(LAB)*
GULAID, Abdirashid *(LAB)*
HAQUE, Shafiqul *(THF)*
HEEMSKERK, Clive *(TUSC)*
ISLAM, Sirajul *(LAB)*
KENYON PEERS, Ellen *(TUSC)*
KHA`LIQUE, Taz *(CON)*
MAK, Alan *(CON)*
PATEL, Meera Amrish *(CON)*
SHAJAHAN, Kamrun *(LD)*
THORNE, Chris *(GRN)*
ULLAH, Salim *(THF)*
ZSIKHOTSKA, Lubov *(UKIP)*

Blackwall and Cubitt Town
3 Councillors to be elected
CHAPMAN, Christopher James *(CON)*
CHESTERTON, Dave *(LAB)*
DONNELLY, Christopher David *(CON)*
FLOWERS, Richard *(LD)*
ISMAIL, Khadar *(THF)*
KASANGA, Geeta Mohan *(CON)*
KHAN, Faruk *(THF)*
LOCHNER, Diana *(UKIP)*
LOMAS, Mark *(GRN)*
RAHMAN, Anisur *(LAB)*
RAHMAN, Hifzur *(THF)*
RONALD, Candida *(LAB)*

Bow East
3 Councillors to be elected
ALI, Amina *(LAB)*
AMBROSE, Mickey *(THF)*
BLAKE, Rachel *(LAB)*
CHAN, Stephanie Wy *(CON)*
ERLAM, Andy *(RFAC)*
FRANCIS, Marc *(LAB)*
GUTTMANN HANCOCKS, Tatyana *(GRN)*
KAMALI, Sabia *(THF)*
PATON, George Allan *(TUSC)*
PENNY, Cameron David Alexander *(CON)*
REES, Lucy *(GRN)*
SALAM, Abdus *(THF)*
SPRACKLEN, Andy *(LD)*
THOMPSON, James *(CON)*

Bow West
2 Councillors to be elected
AHMED KHAN, Anwar *(IND)*
AZAM, S. M. Safiul *(CON)*
BEGUM, Asma *(LAB)*
CHOWDHURY, Jainal *(THF)*
HUSSAIN, Altaf *(LD)*
PECK, Joshua *(LAB)*
POLSON, Alistair *(GRN)*
SMITH, Matt *(CON)*
WHITMORE, Louise *(GRN)*

Bromley North
2 Councillors to be elected
AHMED, Khales Uddin *(LAB)*
CARLTON, Angela *(CON)*
DEVLIN, Christopher *(GRN)*
FLETCHER, Mark Peter *(CON)*
FLYNN, Victoria *(LD)*
MCGOWAN, Daniel *(TUSC)*
MIAH, Mohammed Mufti *(THF)*
RAHMAN, Zenith *(LAB)*
SYED, Moniruzzaman *(THF)*
WILLSON, Aaron *(GRN)*

Bromley South
2 Councillors to be elected
ALI, Kobir *(THF)*
CHOUDHURY, Syeda *(THF)*
CLARKE, Stephen *(LD)*
HANCOCKS, Ben *(GRN)*
HASSELL, Danny *(LAB)*
RAJGOPAL, Srikanth *(CON)*
THIENEL, Frank Richard *(CON)*
UDDIN, Helal *(LAB)*

Canary Wharf
2 Councillors to be elected
CAFFERKY, Neil *(TUSC)*
CRAY, John *(THF)*
HUSSAIN, Ahmed *(CON)*
HUSSAIN, Shubo *(LAB)*
MIAH, Maium *(THF)*
SIMONE, Debbie *(LAB)*
TOAL, Stephen *(LD)*
WEBBER, Mark Adrian *(UKIP)*
WOOD, Andrew George *(CON)*

Island Gardens
2 Councillors to be elected
CREGAN, Andrew *(LAB)*
GOLDS, Peter *(CON)*
LOCHNER, Wayne *(UKIP)*
MCTASNEY, Kathy *(THF)*
OLIVER, Doug *(LD)*
PEERS, John *(TUSC)*
RAHMAN, Raju *(LAB)*
THIENEL, Gloria *(CON)*
UDDIN, Bellal *(THF)*

Lansbury
2 Councillors to be elected
AHMED, Ohid *(THF)*
AHMED, Rajib *(LAB)*
AKTHAR, Shuily *(THF)*
BECKETT, Stephen John *(THF)*
COLLINS, Graham *(CON)*
DICKENSON, Pete *(TUSC)*
INGHAM, Paul William Eric *(CON)*
KHATUN, Shiria *(LAB)*
MCGRATH, Simon *(LD)*
RIAZ, Mohammed *(CON)*
SHEA, Paul *(UKIP)*
SMITH, Dave *(LAB)*

Limehouse
1 Councillor to be elected
AHMED, Mashuk *(THF)*
ASTON, Craig *(CON)*
HYLAND, David *(UKIP)*
LOMAS, Matt *(LD)*
OVERTON, Catherine *(LAB)*

Mile End
3 Councillors to be elected
ABDULLAH, Mushtak *(CON)*
ALAM, Shah *(THF)*
ALI, Mohammed Shahid *(THF)*
CHOUDHURY, Hafiz *(IND)*
EDGAR, David *(LAB)*
HALLETT, Andy *(LD)*
ISLAM, Jewel *(CON)*
MIAH, Arzoo *(TUSC)*
SAUNDERS, Rachael *(LAB)*
SNOWDON, Naomi *(CON)*
SYED, Mustak *(THF)*
UZ-ZAMAN, Motin *(LAB)*

Poplar
1 Councillor to be elected
BYRON, Naomi Ruth *(TUSC)*
CHOUDHURY, Kibria *(THF)*
CHOWDHURY, Kahar *(LAB)*
MACMILLAN, Richard *(LD)*
MIGNANO, AnnaMaria *(UKIP)*
ROBINSON, James Philip *(CON)*

Shadwell
2 Councillors to be elected
BEGUM, Monowara *(LD)*
ELLERBECK, Des *(CON)*
GUTTMANN, Katy *(GRN)*
KHAN, Rabina *(THF)*
MIAH, Harun *(THF)*
RASHID, Mamun *(LAB)*
STAFFORD, Daryl Martin *(CON)*
WILLIAMS, Rob *(TUSC)*
ZAMAN, Farhana *(LAB)*

Spitalfields and Banglatown
2 Councillors to be elected
ABBAS, Helal Uddin *(LAB)*
AHMED, Suluk *(THF)*
EMMERSON, Jane Elizabeth *(CON)*
FELL, David Nolan *(CON)*
KHAN, Tarik *(LAB)*
NORTH, Ferdy *(LD)*
ROBBANI, Gulam *(THF)*
THORNTON, Zachary *(GRN)*
TURVEY, Jason Edward *(TUSC)*

St Dunstan's
2 Councillors to be elected
AHMED, Rofique *(THF)*
ALAM, Mahbub (Mamun) *(THF)*
BRYAN, Martin *(UKIP)*
CHOUDHURY, Abdul Munim *(PP)*
CHOUDHURY, Koyes Uzzaman *(LD)*
CLARKE, Charles William Moncrieff *(CON)*
KILBY, Chris *(GRN)*
MASCALL, Ben *(CON)*
MIAH, Ayas *(LAB)*
ULLAH, Abdal *(LAB)*

Statement of persons nominated

St Katharine's and Wapping
2 Councillors to be elected
DENNISTON, John *(LD)*
DOCKERILL, Julia Louise *(CON)*
JONES, Denise *(LAB)*
KING, Neil Anthony *(CON)*
MADEWELL, Stuart *(THF)*
MIAH, Ahad *(THF)*
MILLS, Grenville *(UKIP)*
SCOTT, Robert *(LAB)*
VENPIN, John Raphael *(GRN)*

St Peter's
3 Councillors to be elected
BURGESS, Paul *(GRN)*
COX, David *(GRN)*
FISH, Simon James Peter *(CON)*
GIBBS, Carlo *(LAB)*
HARRISSON, Clare *(LAB)*
KHAN, Azizur Rahman *(LD)*
MIAH, Abjol *(THF)*
MIAH, Sanu *(LAB)*
MUSTAQUIM, Muhammad Ansar *(THF)*
ROWLANDS, Leonard *(TUSC)*
SPRINGER, Bertlyn Vernessa *(UKIP)*
THOMPSON, Adrian Charles *(CON)*
WATTS, Rachel Elizabeth *(CON)*
ZAMAN, Aktaruz *(THF)*

Stepney Green
2 Councillors to be elected
AKHTAR, Sabina *(LAB)*
CHOUDHURY, Alibor *(THF)*
CLARKE, Hilary *(GRN)*
DONKIN, Martin Peter *(LD)*
MANN, Hugo Ciaran *(CON)*
MCQUEEN, Nicholas *(UKIP)*
OBAZE, Victoria *(LAB)*
RAHMAN, Oliur *(THF)*
WILFORD, Chris *(CON)*

Weavers
2 Councillors to be elected
AHMED, Kabir *(THF)*
CHILDS, Maureen *(GRN)*
DZIEDZAN, Alex *(LD)*
KHAN, Yousuf *(THF)*
MCQUEEN, Pauline *(UKIP)*
MUKIT, Abdul Chunu *(LAB)*
OUNSWORTH, Luke *(CON)*
PIERCE, John *(LAB)*
PIERRE, Hugo *(TUSC)*
SMITH, Chris *(GRN)*
TAGGART, Louise *(CON)*

Whitechapel
3 Councillors to be elected
AHMED, Faruque Mahfuz *(LAB)*
ALI, Shahed *(THF)*
ASAD, Abul *(THF)*
CROSBIE, Maggie *(GRN)*
GLOVER, Dinah *(CON)*
GRIFFITHS, John David Macleod *(LD)*
HOLDEN, Richard John *(CON)*
KHAN, Aminur *(THF)*
MCNEILIS, Andrew John *(UKIP)*
RAHMAN, Jamalur *(LAB)*
ROBINSON, Robert *(LAB)*
VANDYCE, Nicholas Donald Anthony *(CON)*
WRACK, Michael *(TUSC)*

European Parliamentary election by party

4 Freedoms Party (UK EPP)
1. HAZELL, Dirk Nicholas Downing
2. O'SULLIVAN, Noelle Anne
3. GIBAS, Geoff
4. DOUSSIN, Aline Regine Simone Renée
5. BELL, Andrew
6. PHILLIPS, Deborah Claire
7. FLUDE, Royston Alexander
8. DONNELLY, Brendan Patrick

An Independence from Europe
1. BURNS, Patrick
2. DANIEL, Marlene
3. GRIFFITHS, Gareth
4. BHATHAL, Munpreet
5. GREENFIELD, Sharon
6. YEOMAN, Eddie
7. ATKINS, Fred
8. ATKINS, Jean

Animal Welfare Party
1. HUDSON, Vanessa Helen
2. BOURKE, Alexander Leslie
3. WILLIAMSON-GUINN, Kirsteen
4. KNIGHT, Andrew David
5. PATEL, Dimple
6. MATHEWS, Meg
7. DESSOY, Guy Richard
8. JOSHI, Ranjan Kumar

British National Party
1. SQUIRE, Stephen
2. TREANOR, Donna
3. STURDY, Paul
4. CLARKE, John
5. FURNESS, David
6. LE MAY, Cliff
7. UNDERWOOD, Ray
8. LAZELL, Kevin

Christian Peoples Alliance
1. CORDLE, Sid
2. AWOLOLA, Yemi
3. DICKENSON, Ashley Keith
4. SWARNA, Sharmilla Sundar
5. WILLIAMS, Laurence
6. ODIETE, Ethel Onoriode
7. NICHOLS, Kevin William
8. HAMMOND, Stephen

Communities United Party
1. MALIK, Kamran
2. KAMRAN, Humera
3. BOGIE, Cydatty
4. COLEMAN-DANIELS, Mary
5. ALI, Idris Aden
6. EDOKPAYI, Reuben Agharese
7. SINGH, Sunita Kaur
8. FLANDERS, Joanne

Conservative Party
1. KAMALL, Syed Salah
2. TANNOCK, Timothy Charles Ayrton
3. YANNAKOUDAKIS, Marina
4. ATTFIELD, Caroline Louise
5. HACK, Lynne Rosemary
6. LAWLOR, Sheila Margaret Mary
7. CHAMBERS, Glyn Edward
8. ABERCORN, Annesley George

English Democrats
1. KNIGHT, Jenny
2. ROBERTS, Matthew
3. YOUNG, Maggie
4. CLIPPERTON, Graham
5. BUTLER, Gary
6. CAPP, Nick
7. DUTTON, Louise
8. SMITH, Natalie

Europeans Party
1. TOMESCU, Tommy Iuliu Joul
2. RYGIELSKI, Andrzej
3. RODRIGUEZ, Vanessa Del Carmen Guerrero
4. ASHENDEN, Robin
5. RUSANOV, Emil Yuliev
6. PAPAGRIGORAKIS, Georgios

Green Party
1. LAMBERT, Jean Denise
2. ALLEN, Caroline Jane
3. SAAD, Haroon
4. ALI, Shahrar
5. BATES, Danny
6. HAGUE, Tracey Jo
7. VAJDA, Violeta
8. WOMACK, Amelia

Harmony Party
1. VINCENT, David

Labour Party
1. MORAES, Claude
2. HONEYBALL, Mary
3. ANDERSON, Lucy
4. DANCE, Seb
5. BARTOLETTI, Ivana
6. JANDU, Kamaljeet
7. ALASIA, Sanchia
8. BIONDI, Andrea

Liberal Democrats
1. LUDFORD, Sarah Ann
2. FRYER, Jonathan Harold
3. DAVIS, Richard Adam
4. PRASHAR, Anuja
5. ROBSON, Rosina
6. OZEN, Turhan
7. JAMES, Simon Alexander
8. MCLAREN, Matt J

National Health Action Party
1. IRVINE, Louise
2. EJIMOFO, Chidi
3. CHOWN, Marcus
4. ANDERSON, Kathryn
5. HOUND, Rufus
6. ORMEROD, Jessica
7. SHARP, Andrew
8. ASHMAN, Alex

National Liberal Party - True Liberalism
1. WILLIAMSON, Graham Keith
2. SINGH, Jagdeesh
3. YOGALINGAM, Sockalingam6.
4. JONES, Doris
5. RAI, Upkar Singh
6. ANWAR, Yussef
7. YURDSEVEN, Araz
8. DUBE, Bernard

NO2EU
1. DEMPSEY, Edward
2. GORDON, Alexander Fraser
3. ASHLEY, April
4. NGEMI, Annie
5. DAVIS, Mary Gillian
6. MITCHELL, Paula Jane
7. HOARAU, Natasha Marie
8. CARTY, Michael Gilbert

UK Independence Party (UKIP)
1. BATTEN, Gerard Joseph
2. OAKLEY, Paul James
3. JONES, Elizabeth Eirwen
4. WEBB, Lawrence James
5. MCFARLANE, Alastair Duncan James
6. BROWN, Anthony Geoffrey
7. MCNEILIS, Andrew John
8. WHITTLE, Peter Robin

The ballot papers

EUROPEAN PARLIAMENTARY ELECTION LONDON REGION (White ballot paper)	**How to vote** Vote **ONLY ONCE** by putting a cross (**X**) in the box next to the party of your choice
ELECTION OF THE MAYOR OF TOWER HAMLETS (Peach ballot paper)	**How to vote** Vote by putting a cross (**X**) in the box in column 1 next to your FIRST CHOICE candidate; and a cross (**X**) in the box in column 2 next to your SECOND CHOICE candidate Your first and second choices should be different
TOWER HAMLETS COUNCIL ELECTION (Yellow ballot paper)	**How to vote** Vote for no more than the number of candidates shown at the top of the ballot paper by putting a cross (**X**) in the box next to your choice(s)

Election results will be published on the council's website and displayed on the notice board at the Town Hall, Mulberry Place from 23 May 2014.

Residents can contact Electoral Services for further information.

Can't get to a polling station?

Apply to vote by proxy (this means someone else can vote on your behalf). Completed applications must reach Electoral Services before 5pm on Wednesday 14 May 2014.

If you have applied to vote by post, your postal vote pack will be sent to you by Royal Mail. Postal votes must be received by the Returning Officer by 10pm on Thursday 22 May 2014.

If you lose your postal pack or make a mistake completing your ballot papers, please phone the helpline immediately on 020 7364 0872.

Replacement postal votes can be issued no later than 5pm on Thursday 22 May.

How to contact us

Electoral Services
Town Hall, Mulberry Place,
5 Clove Crescent
E14 2BG
Tel: 020 7364 0872
Fax: 020 7364 3758
Email: vote@towerhamlets.gov.uk
Web: www.towerhamlets.gov.uk/vote